# Internet Safety

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Concerns for our kids

- **Over-exposure**
  - Things they are seeing
  - Things they are doing
- **Cyber-Bullying**
  - Saying things they don't mean/getting hurt
- **Predators**
  - Access to your child, your home, personal info
  - Communicating with strangers
- **Sexting**
  - Your child getting him/herself in trouble
  - The social stigma that comes with that

Social Networking
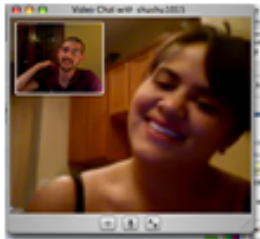
- Over Exposure of child and family
- Child sees things beyond their years
- Involved in Bullying
- Dulls communication skills
- Self Esteem based on "likes"
- Attention for negative behavior
- Experimenting with anonymity

THE BASICS: Young Kids & Tweens

- Very young children should be **supervised** closely by a parent or caregiver
- Computer should be **centrally located**
- Parents choose the websites their kids visit early on-and not let them leave those sites on their own
- Restrict sites that you have visited and know to be inappropriate
- Watch APPLICATIONS on all Apple/Android devices
- Read "Terms of Service"
- Parental Controls: filtering/monitoring
  Shop around-service provider, applications, add-ons, programs
- Consider time limits
- No phone/tablet in room overnight (Nothing good happens after 10pm)

Mobile Phones

- Under 13 years old, limit SMARTPHONE
- Password to download APPS***
- Check texts, stored photos and video FREQUENTLY
  - TeenSafe, Icloud, Know their Apple ID and password, or have them on yours

- Mobile social networking: KNOW THEIR APPs

- GPS Location Services

- Decide on the right options and features for your kids phone (child safety controls) CHECK WITH PROVIDER

- They can text and IM from Itouch, Ipod, Ipad
  - Pinger, Kik, TextPlus

- Set a Password that had to be entered before your child can download any applications on their Device
- Talk to your cell phone provider, (Verizon/At&t), and use or add parental controls, locators, wifi off times.
- Do not allow video chat applications: virus can be sent through the connection that could control your child's camera (Stick with Face Time)
- Turn location services off on apps, pictures, and social media. Leave on for maps, Find my phone, etc. Go to Settings>Privacy>Location Services, then adjust the apps listed to allow locations on "while using" or "never".

Parental Controls

- Wellresearchedreviews.com
- Commonsensemedia.org
- Mac Computers: "Net Nanny" by Content Watch
  - View IM's, game blocking, set different criteria based on age/maturity, Scheduled internet access, browser alerts
- AT&T Blocker, AT&T Smart Limits
- VERIZON: Family Base
  - Content Filters (Free)
  - Usage Controls: added fee $$
  - Set limits on usage, time of day/week, block numbers, set trusted #'s
- IPOD, ITOUCH, IPAD, IPHONE
  - Parental Controls through Apple
- Google: "safe search" on computer and mobile phones
- Youtube: "Community guidelines"
- Facebook: Statement of Rights and Responsiblities: must be 13
  - "Safety" Link under the "Account" drop down menu
- Xbox Parental Controls (xBox for Dummies) Youtube instructions

Signs your child might be a victim of CYBER-BULLYING

- Does not want to go to school
- Stops using phone or computer
- Acts nervous when receiving an email, text, IM
- Withdrawn from friends and family
- GET IN THEIR BUSINESS!!!!

WHAT TO DO:
Tell child *"Don't respond"*

1. Save
2. Block/Ban
3. Set up New Account
4. Report Harassment to provider, school & Police if there is immediate danger.
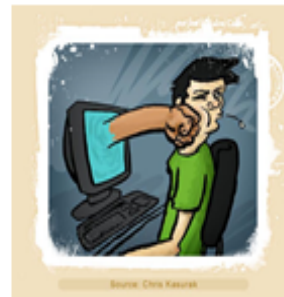
Sexting

- Sending or forwarding sexually explicit photos, videos, or messages from a mobile phone is known as "sexting". Tell your kids not to do it. In addition to risking their reputation and their friendships, they could be breaking the law if they create, forward or even save.

ON-LINE PREDATORS

- Teach your kids to:

Block
Ban
Tell an Adult they trust
Talking about SEX
Sharing Photos   PRIME TARGET

Watch for Signs of Grooming:

-Unexplained gifts
-Making calls to unknown numbers
-Turning away from friends and family
-Spending A LOT of time online
-Getting upset when he/she cannot get online
-Minimizing/Turning off when you enter room.

Under 13, stay away from:

Reporting Procedure

- Non-emergency number for Fairfield Police 254-4800
  - Harassment, threatening, suspicious persons
  - Patrol response or come to PD
  - SAVE evidence: print, photograph screen, screen shot phone records, copies of texts, voicemail DO NOT ERASE
  - Follow-up to DB or DB responds through Patrol
  - Search Warrants

- Anonymous Reporting
  - Child Sex Assault/Child Pornography (DCF Referral)
  - www.NCMEC.org

Resources

- OnGuardOnline.gov – practical tips
- FTC.gov/id theft – deter, detect and defend against identity theft
- CommonSenseMedia.org – provides trustworthy info, education, and independent voice
- GetNetWise.org – resources to make informed decisions about a families use of the internet
- CyberBully411.org – resources for youth who have questions or have been targeted by online harassment
- ConnectSafely.org – for parents, teens and educators
- iKeepSafe.org – educational resources
- NetFamilyNews.org – nonprofit news service
- NetSmartz.org – interactive, educational safety from the National Center for Missing & Exploited Children
- WiredSafety.org – internet and mobile devices
- StaySafeOnline.org – cyber security and safety awareness