Simple harmonic motion

$$d = a\cos(\omega t) \qquad d = a\sin(\omega t)$$
Start Amplitude
Rest/Start

Which function? $d = a \sin(\omega t)$ Time required for one period: 8 seconds

Remember:
$$\underline{Observed} \ Period = \frac{2\pi}{\omega} \ and \ \omega = \frac{2\pi}{P}$$

Paying more attention to units:

Period
$$\frac{\sec \sqrt{cycle}}{\sqrt{cycle}} = \frac{2\pi}{\omega} \frac{\sec \sqrt{cycle}}{\sqrt{cycle}}$$
 and $\frac{\omega rad}{\sec \cdot} = \frac{2\pi}{P} \frac{rad}{\sec \cdot}$

$$\omega = \frac{2\pi}{8} = \frac{\pi}{4} rad / sec.$$

New: Frequency -

How many oscillations does it make in a certian amount of time?

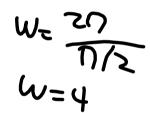
so
$$Frequency = \frac{1}{P} = \frac{1}{2\pi/\omega} = \frac{\omega}{2\pi}$$

$$F \frac{cycle}{time} = \frac{1}{Ptime} = \frac{\omega}{2\pi} \frac{cycle}{time}$$

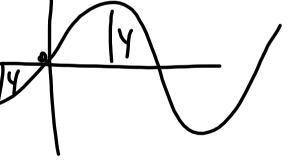
In a simple harmonic motion at time 0 figure is at the bottom of its cycle:

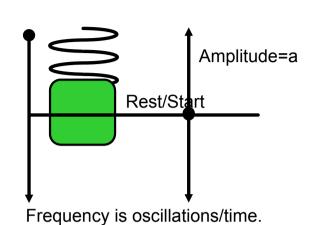
In a simple harmonic motion at time 0 figure is at the middle of its cycle and rising:

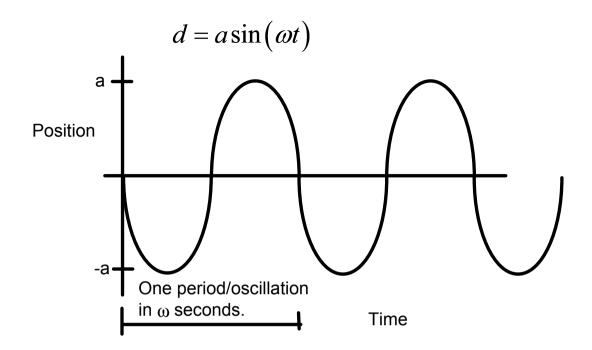
H=4sin (4+) amplitude = 4, time per cycle = pi/2 seconds



Write the equation? What is the frequency?

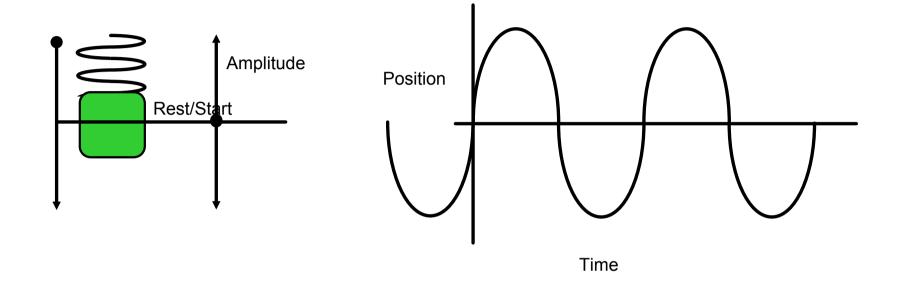






Period (time for one cycle)

$$f = \frac{\omega}{2\pi} = \frac{1}{P}$$
 $\omega = 2\pi * f = \frac{2\pi}{P}$ $T \text{ or } P = \frac{2\pi}{\omega}$



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