

# Muscles Review Answer Key

Dr. Kelly

Name:

Period:

1. Label the diagrams.
2. Write the muscle's action next to its name.

Closes eye

Closes mouth

Shoulder horizontal adduction

Shoulder abduction

Elbow flexion

Trunk flexion

Hip adduction

Weak hip flexion and lateral rotation

Dorsiflexion

← Orbicularis oculi

← Orbicularis oris

← Pectoralis major

← Deltoid

← Bicep

← Rectus abdominis

← Hip adductors

← Sartorius

← Tibialis anterior

Frontalis

Sternocleidomastoid

→ 10. Raises eyebrows

→ 11. Rotate head, neck flexion

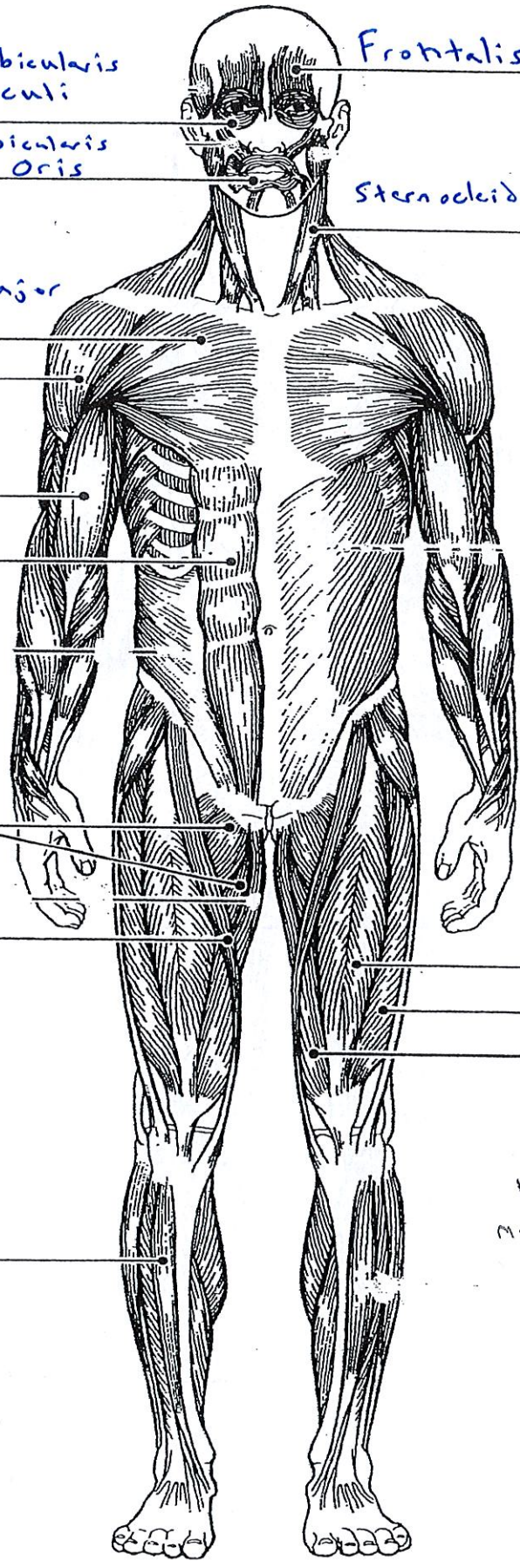
All quadriceps do knee extension  
↑

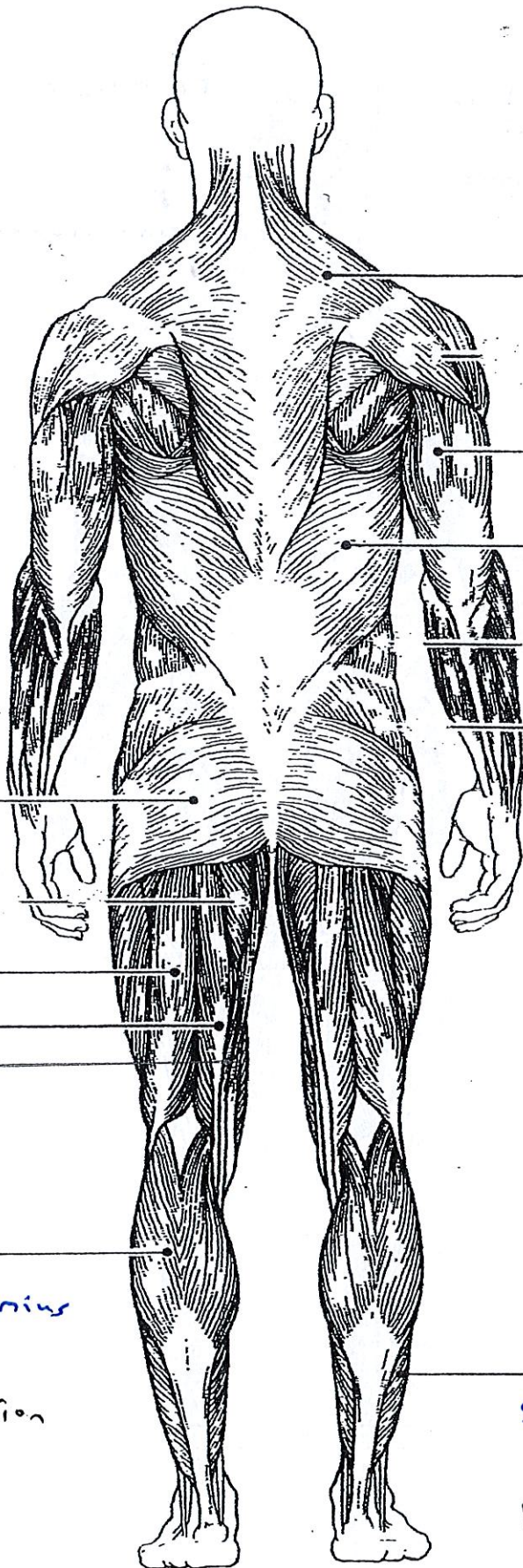
12. Rectus femoris

13. Vastus lateralis

14. Vastus medialis

Which quadriceps muscle is not shown?  
Vastus intermedius





19. Trapezius  
Shoulder elevation,  
Shoulder retraction,  
Neck extension

20. Triceps → Elbow extension

21. Latissimus dorsi  
↓  
Shoulder adduction,  
Shoulder extension

Hip extension  
↑  
Gluteus maximus

15.

Biceps femoris

16.

Semitendinosus

17.a

Semimembranosus

17.b

↓  
All hamstrings do  
Knee flexion.

18.

Gastrocnemius  
↓  
Plantar flexion

22.

Soleus  
↓  
Plantar flexion