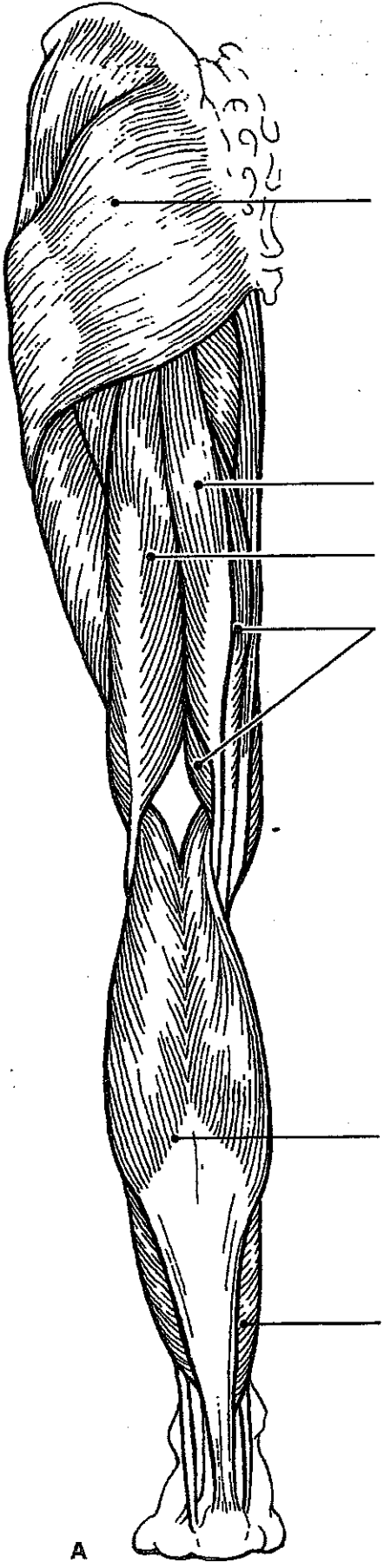


Name: _____

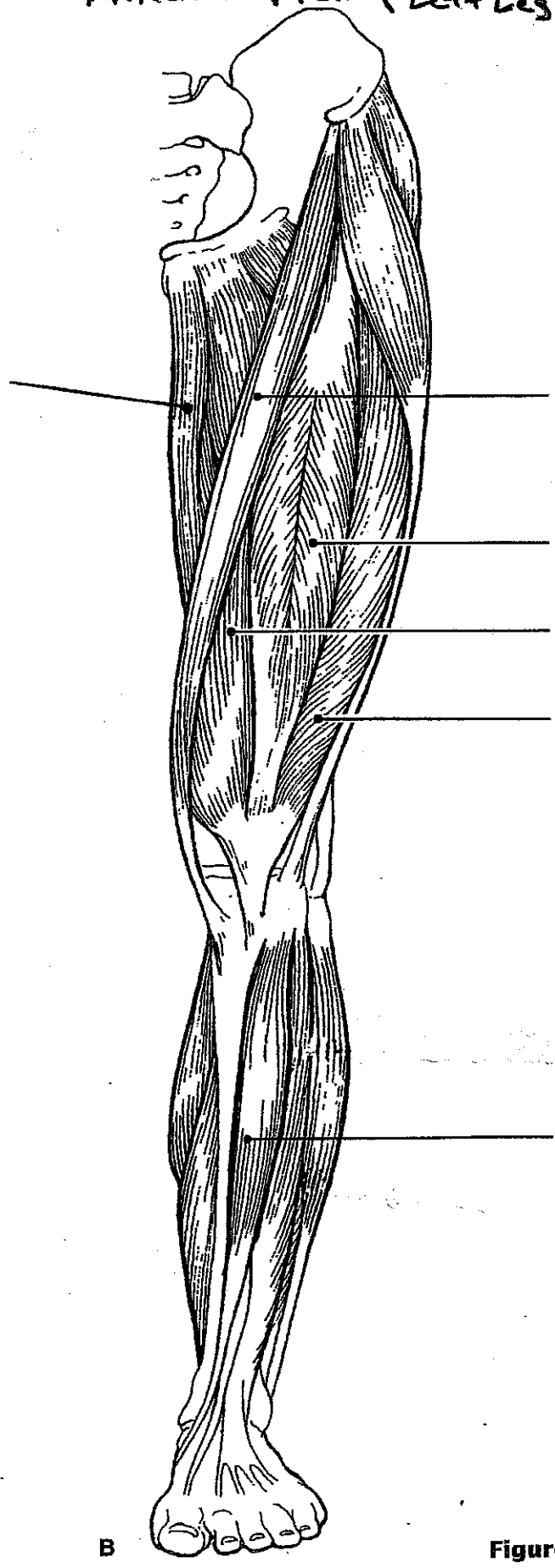
Label this diagram. (Part I)

Posterior View
(Left Leg)

Anterior View (Left Leg)



A



B

Figure 6-9

Muscles of the Hip, Thigh, and Leg

21. Identify the muscles described in Column A by choosing a response from Column B. Enter the correct letter in the answer blank. Select a different color for each muscle description provided with a color-coding circle, and use it to color the coding circles and corresponding muscles on Figure 6–9. Complete the illustration by labeling those muscles provided with leader lines.

Column A

Column B

Part 2:

Matching

Part 3:

Color

the diagram.

- | | | |
|--|--|--|
| <p>_____</p> <p><input type="radio"/> _____</p> <p><input type="radio"/> _____</p> <p><input type="radio"/> _____</p> <p><input type="radio"/> _____</p> <p><input type="radio"/> _____</p> <p><input type="radio"/> _____</p> <p><input type="radio"/> _____</p> <p><input type="radio"/> _____</p> <p><input type="radio"/> _____</p> <p><input type="radio"/> _____</p> <p><input type="radio"/> _____</p> <p><input type="radio"/> _____</p> <p><input type="radio"/> _____</p> <p><input type="radio"/> _____</p> <p><input type="radio"/> _____</p> <p><input type="radio"/> _____</p> <p><input type="radio"/> _____</p> <p><input type="radio"/> _____</p> | <p>1. Hip flexor, deep in pelvis; a composite of two muscles</p> <p>2. Used to extend the hip when climbing stairs</p> <p>3. "Toe dancer's" muscle; a two-bellied muscle of the calf</p> <p>4. <u>Dorsiflexes the ankle.</u></p> <p>5. Muscle group that allows you to draw your legs to the midline of your body, as when standing at attention</p> <p>6. Muscle <u>group</u> that extends the knee</p> <p>7. <u>Muscle group that flexes the knee.</u></p> <p>8. Smaller hip muscle commonly used as an injection site</p> <p>9. <u>C</u> Muscle group of the lateral leg; plantar flex and evert the foot</p> <p>10. Strap-like muscle that is a weak thigh flexor; the "tailor's muscle"</p> <p>11. Like the two-bellied muscle that lies over it, this muscle is a plantar flexor</p> | <p>A. Adductors</p> <p>B. Biceps femoris</p> <p>C. Fibularis muscles</p> <p>D. Gastrocnemius</p> <p>E. Gluteus maximus</p> <p>F. Gluteus medius</p> <p>G. Hamstrings</p> <p>H. Iliopsoas</p> <p>I. Quadriceps</p> <p>J. Rectus femoris</p> <p>K. Sartorius</p> <p>L. Semimembranosus</p> <p>M. Semitendinosus</p> <p>N. Soleus</p> <p>O. Tibialis anterior</p> <p>P. Vastus intermedius</p> <p>Q. Vastus lateralis</p> <p>R. Vastus medialis</p> |
|--|--|--|