## Activity Descriptions Directory

The Clubs and Activities at FLHS are driven by student interest. As the student body changes from year to year, so do the clubs. This list is current as of September 2016.

## AFS - American Field Service Club

Advisors: Ms. Krieger and Ms. Bourque
Meetings: Black Box, B Week
American Field Service (AFS): AFS is a service based club that is focused on cultural understanding and volunteerism. Club members are expected to attend meetings on B weeks and fundraise as a contribution towards club efforts and events. Students who enjoy helping others, comradery, travel and wish to work with communities in need are welcome. The focus is on community service and travel experience. We have worked with the homeless in Philadelphia and Washington DC in past years.

## Anime Club

Advisors: Steven Farkas
Meetings: Room 252, E - After school every other week
Expectations of members - To share cultural ideas and information related to anime
Major work that club does - Meets after school to watch anime/discuss themes and cultural connections

## Athletic Captains Council

Advisor: Mr. Schulz
Meetings: Athletic Office, E
Meet with the athletic director prior to their season to discussions on being a captain and the responsibilities which go along with being a captain. Will meet again during the season as is needed.

## Axis and Allies Club

Advisor: Mr. Russell,
Meetings: Room 249, A week
Spring 1942 - World War II Simulation. The students play one of the five major countries, USA, United Kingdom, USSR (Allies), Germany \& Italy, Japan, (Axis) during World War II. Students are in command of a country's armed forces in an attempt to change the course of war or keep history the same.

## Arabic Cultural Club

Advisor: Ms. Huntington
Meetings: Room 243 A week
Learn about traditions, language and culture in the Arabic world. Discuss important issues which relate to the Arabic world.

## Barbershop a cappella singing club

Advisor: TBD
Meetings: TBD
Come and see what "barbershop" a cappella singing is about: men and women's 4 part arrangements of all kinds of tunes! Come and learn a short "tag" or a whole song, or just listen to others who want to learn some fun music.

## B-Stigma-Free Club

Advisor: Mrs. Rembish,
Meetings: Room 250, B Week
Students in Ludlowe's B Stigma-Free ${ }^{\text {TM }}$ Club participate in fun and meaningful activities that increase awareness about social stigma. Getting involved to identify and reduce isolation or discrimination that often occurs due to people's weight, mental illness, disease or disability, gender identity or sexual orientation, height, race, gender... makes a positive difference in our school climate, and our community.
B Stigma-Free ${ }^{\text {TM }}$ is a national non-profit working to reduce stigma, the negative attitude that a person is unacceptable because of a difference. It is fueled by negative stereotypes and is dehumanizing. Through education, advocacy and community engagement, the organization tackles the polarization in our communities and across the country, exposing and reducing stigma in our society. www.bstigmafree.org.

## The Bio club

Advisor: Ms. Walker
Meetings: Room 352, B week
The Bio club is where bio loving students can meet and talk about relevant current events such as cloning, stem cell research, and global warming as well as plan educational and fun school wide activities like Darwin Day. In the upcoming year students want to investigate fundraising and field trip opportunities such as a behind the scenes look at the CT Birdcraft museum.

## B-cause:

Advisor: Ms. Poole,
Meetings: Room 227, B week
Club members will need to attend all meetings and be ready/willing to participate in all activities, the major work the club does is finding various charities/organizations with needs and assisting as necessary.

## Build-On

Advisor: Ms. Newberg
Meetings: Room 225, A/E Week
Build-On is a nonprofit organization that provides American students with the opportunity to raise funds and travel to a developing nation to build a school. The organization is currently working in seven countries overseas: Haiti, Nicaragua, Senegal, Malawi, Nepal, Burkina Faso, and Mali. The organization itself supports and continues to run the newly built schools, ensuring that at least $50 \%$ of the enrolled students are female. They have built over 650 schools so far in these 7 countries and educated over 3,000 students. Our chapter's goal is to raise at least $\$ 30,000$ through a combination of individual and group fundraising activities. This club also provides the option for some students to travel with BuildOn to construct the school every other summer. The club requires after school and weekend commitments as well as during activity period.

## Caelum (FLHS Yearbook)

Advisors: Ms. Caserta, Ms. Krieger
Meetings: Yearbook Office (room 130A?) after school.
E-week: after school Mondays/Thursdays
The purpose of the club and what members can expect to do: Club members create the yearbook. This entails planning what events are covered and assisting with the events, creating/editing/filling page layouts, interviewing students, writing short blurbs or articles, promoting the Replay It app, and assisting in handing out the books at the end of the year.

## Caroline House Club

Advisor: Mrs. Meyers
Meetings: Room 328, B Week
Expectations of members: Attend meetings in room 328 during B week activity period. Tutor elementary school age children at the Caroline House in Bridgeport, CT on Monday and Thursday afternoons whenever available (hopefully at least 2 times per year) after school from 3:15 to 4:15.
Major work that club does: tutoring in reading and math every month (4-8 times per month) at Caroline House. Also several drives throughout the year to collect books, jeans, school supplies etc. for the children who need them.

## Chess Club

Advisor: Finneran
Meetings: Room 129, A/B/E
Chess club is for all students interested in learning how to play chess, or for students who would like to practice and improve their skills.

## National Chinese Honor Society

Advisor: Mrs. Chung
Meetings: Room 255, E-Week, Join online (Google classroom. Class code kopplt)
Being a junior or a senior

- GPA of B+ or higher
- Grade B+ or higher in Chinese for 3 consecutive semesters

Members are responsible for tutoring inside and/ outside of school. They are also involved with a charity around the holidays and plan activities to promote Chinese language.

The National Chinese Honor Society is a scholastic organization that promotes and recognizes students who demonstrate citizenship, leadership, and community service. The purpose of the National Chinese Honor Society is to encourage its members to become life-long learners in order to gain a better understanding of Chinese language and culture, as well as to play an active role as a contributing global citizen in the twenty-first century.

## Circle of Friends

Advisors: Carrie Rubin, Jen Smith
Meetings: A \& B Week
Circle of Friends is a club that provides students opportunities to socialize and plan activities such as planting a Garden in the courtyard and holiday parties. Some students attend to practice social skills in an informal environment of playing games and making new friends.

## Coloring Book Club

Advisor: Mrs. Cohen
Meetings: Room 232, A week
Club members will identify schools in need of art supplies (especially coloring books), raise money for the supplies, and deliver the supplies. Every member will have the opportunity to actively work on a committee.

## Class of 2016 Club:

Advisors: Ms. Caron, Ms. Trahan, Mr. Sutton
Meeting: Library Classroom, A week
This club is comprised of student slated to graduate in 2016. Club leadership consists of the Class President, Vice-President, Secretary and Public Relations Rep. The main goal is to foster class unity through fundraising efforts and planning Class Dances.

## Class of 2017:

Advisors: Dr. Kelly, Mrs. Parker, Mrs. Stetter
Meetings: Room 325, A/E week
Meetings led by Class President, VP, Treasurer, and Secretary. The club is responsible for fundraising, organizing class trips, proms, etc.
Meetings are held in room 325.

## Class of 2018:

Advisors: Ms. Moir, Ms. Sousa
Meetings: Room 318, A/E week
Meetings led by Class President, VP, Treasurer, and Secretary. The club is responsible for fundraising, organizing class trips, proms, etc.
Meetings are held in room 318.

## Class of 2019:

Advisors: Ms. Poole, Ms. Mason, Mr. Morris;
Meetings: Room 221, A week
Club members will be/consist of class officers and others who wish to assist in fundraising and running class events and will be expected to attend all scheduled meetings.

## DANCE TEAM

Advisor: Ms. Carbone
Meetings: TBA, E
A club sport. Dance team focuses on coordinated dance routines for competition as well as performing at school events.

## Darkroom Club.

Advisor: Ms. Hermsen
Meetings: Room 06, A week
Co-Presidents (Tim Mulhall and Rory Hayatgehbi)
Interested Photo buffs (especially Darkroom/Black and white) would be a good fit for this club.

Debate Team

Advisor: TBA
Meetings: TBA, E
The debate team participates in the Connecticut Debate League

## Diversity Club

Advisor: Mr. McCloskey
Meetings: Room 262 A week
Spreading awareness of the many diverse backgrounds in Ludlowe as well as having fundraisers for different causes such as underprivileged schools.

## FLHS Drama Club

Advisors: Fran Kondziela, Drama Director
Meetings: E
FLHS Drama Club is an Extracurricular Activity that is responsible for presenting 2 Main Stage plays (1 in the fall and 1 in the spring).
We also have an evening of student written-directed-\& performed plays in May in the Black Box Theatre Classroom.
The play performances require a variety of talents: actors, singers, dancers, musicians, set crew painters and builders, lighting, costumes, make up, props, sound, and publicity.
We also share our combined talents with our audiences, thus accomplishing more together than we can ever do individually.
Drama is SERIOUS FUN!
We invite EVERYONE to join us!
"All the World's a Stage" and the Drama Club truly has a place for Everyone!

## Eco Club

Advisor: Mrs. Hermsen
Meetings: Room 06, B week
A club committed to raising awareness of ways to live a sustainable and environmentally friendly lifestyle in the school community. We will organize events such as a beach clean-up and work to improve our recycling system within the school.

## National English Honor Society

Advisors: Linda McDonough and Karen Seltenreich
Meetings: Room 220-221, after school (E)
Criteria for Membership:

- A rising Junior or Senior who will have completed at least two years of honors level courses in English.
- Cumulative average of 3.7 cumulative grade point average
- Cumulative average of 3.7 in Honors English
- Members are expected to attend all meetings, communicate effectively with officers and advisors as needed, meet the obligation of service hours set forth by the club and participate in club activities
Some past activities: members provided writing tutoring for underclassmen, conducted a book drive for senior citizens' homes and elementary schools in Bridgeport, and wrote book reviews for the school newspaper


## E-Sports Club:

Advisor: Mr. Sherman
Meetings: Auditorium, A week
A welcoming club for all those interested in digital competition in any and all forms. We have teams and common interest groups based around all the current major competitive games and have play experiences ranging from those who are trying a game out for the first time, to nationally ranked teams competing against other high school teams from across the country. Regardless of what you play, you are welcome here!

## The Falcon Report

Advisors: Ms. Krieger
Meetings: Room 275 -TV studio (in the LMC), A / E
The Falcon Report is a student news shows focusing on topics and issues of importance to the Fairfield Ludlowe community. Students work in reporter / photographer teams to conduct interviews and gather footage that tell interesting stories. The whole club also works together as a film crew with responsibilities both in front and behind the camera to create the final show. The Falcon Report airs during homeroom. Students interested in the Fairfield community, broadcast journalism, writing, videography, documentary, and/or editing are welcome to join.

## Feminism Club

Advisor: Ms. Wolfer
Meetings: Room 237, A week
This co-ed club discusses issues relevant to feminism.

## French Book Club

Advisor: Ms. Lavigne
Meetings: Room 282, B week
The French Book Club provides an opportunity for students to read in French and discuss the books they are reading in French. All are welcome.

## French Club

Advisor: Ms. Fredrick
Meetings: Room 283, A week
is open to students of any ability in the language. It is an opportunity to further explore the French language and all that it has to offer. The club does this through exploring the culture with cuisine, the vocabulary with games, and the language in its entirety with French movies.

## French Honor Society

Advisor: Marie Lavigne
Meeting: After school (every 2 months), E
SUMMARY OF MEMBERSHIP ELIGIBILITY REQUIREMENTS

- Being a junior or a senior
- GPA of 3.0 or higher
- Grade A- or higher in French for 3 consecutive semesters

French Honor Society members are responsible for tutoring once a month. They are also
involved with a charity around the holidays and plan activities to promote French language in the school.

## The Future Business Leaders of America

Advisor: Ms. Rainho
Meetings: Room 303, A/E week (after school as needed).
The Future Business Leaders of America is a nationally recognized organization, and is the largest business career student organization in the world. FBLA's mission is to bring business and education together fostering positive working relationships. Club goals include developing leadership skills, strengthening confidence, encouraging community commitment, and facilitating the school to work transition. FBLA meets Activity A-week, and after school as needed in order to accomplish all of our goals set by the club at the beginning of the school year.

## Garden Club:

Advisor: Vicki Hastings, Mr. Nulf.
Meetings: Room 244, A/E week
You are what you eat! Join us and learn to grow your own organic food from seed. Plenty of hands on experience and an easy, breezy tomato plant fund raiser that takes place around mother's day. Come and join us!

## The Grassroots Tennis Club:

Advisor: Mr. Reisert
Meetings: Room 327 B week
The club is for those students that are interested in help the Grassroots tennis program. We send volunteers to hit with children that are just learning the game of tennis and we do fundraisers to help support Grassroots tennis.

## FLHS' Gay-Straight Alliance (GSA)

Advisor: Ms. Reed
Meetings: Room 331, B week
The GSA is a student-run club that brings together LGBTQ (Lesbian, Gay, Bisexual, Transgendered and Queer or Questioning students) and straight students (Allies) to support each other, provide a safe place to socialize, and create a platform for activism to fight homophobia and transphobia.

Hacky-Sack Club

Advisor: Ms. Wolfer
Meetings: Large Gym, B week
These students play hacky-sack in the large gym during Activity Period.

## HOUSE COUNCILS

## Warner House Council

Advisors: Kasey Keegan, Sharon Meyers, and Courtenay Trahan
Meetings: Room 326, A/E week

## Webster House Council

Advisor(s): Steven Farkas, Ms. Bedore
Meetings: Room 252, A/E week

## Wright House Council

Advisor(s): TBD,
Meetings: Room 234, A/E week
Meeting week (A/E): A week during September-December and then every week during JanuaryMay. Meetings take place during activity period.
Expectations of members - To create the decorating theme, t-shirt design and participant team
for Battle of the Houses
Major work that club does - Raise money for change wars and scholarships, compose house team for the Battle, decorate and dismantle/clean the hallway for Battle of the Houses

## Impact Bible Study

Advisor: Nicole Artese
Meetings: Room 234, B week
Description: The Impact Club is a group of students who come together to read and discuss what is written in the Bible. Each meeting includes a reading or topic selected by group members and discussion questions for all to participate in.

## Improv Club

Advisor: Ms. D’Andrea
Meetings: Black Box, A week
The Improv Club is a group of students interested in improv comedy. Students act out skits "on the fly" and hone their comedic personalities. Fun to watch, create skit ideas, and act. No experience necessary.

## Interact Club

Advisor: Ms. Mahar, Mrs. Jenkins
Meetings: Room 345, A week
Interact club is community service based and is the high school level of the community based Rotary Club. Every Interact club carries out at least two service projects a year: one that helps their school or community and one that promotes international understanding. During meetings we will work on in school service projects as well as planning out of school service projects all while connecting with community leaders and developing leadership skills.

## FCCLA

Advisor: Ms. Mushala, Ms. Huber, Ms. Keleher
Meetings: Room 125, A/E week
stands for "Family, Career and Community Leaders of America". FCCLA is a nationally recognized student run organization. Our members appreciate the value of strong families and communities and are dedicated to community service. Through our community service projects, we build leadership skills that will be valuable throughout life. FCCLA members are encouraged to present their projects as STAR Events (Students Taking Action for Recognition) at our State Competition each Spring. Students ranking highest in their category at the state level may qualify to compete at the National Conference in July! Join FCCLA and become a Leader!!

## FLHS Intramural Program

Advisor: Ms. Kiely
Meetings: Gym, E
Intramurals is an extracurricular activity that supports the Physical Education program. Some of the activities are Volleyball, Badminton, Basketball and Pickleball. This is held on Monday and Thursday evenings from 7:00pm to 9:00pm starting the second Marking period. All are welcome to come and join the fun.
If you have any questions, please ask Ms. Kiely.

## Key Club:

Advisor: Ms. Brown
Meetings: Auditorium, B week
The student portion of Kiwanis KEY = Kiwanis Educates Youth. KC is a community service organization, volunteering in the community, fund/supply drives for community organizations, and donations to charities worldwide.

## The Library Advisory Group

Advisor: Ms. Waters, Ms. Krieger, Ms. Faiella
Meetings: LLC, E
The Library Advisory Group is an opportunity for students to have a voice in the programs and services offered by the Library Learning Commons. We will meet once a marking period in the library. Members will...

- Help plan library programs (author visits, reads aloud, "app" days, etc.) - What can the library offer students and classes?
- Recommend new books - What do you want to read? What do you need for projects?
- Make suggestions about library services - How can the LMC staff help students?
- Make suggestions for the library website - What will make it easier for students to use?
- Enjoy "VIP" access to new materials and technology
- Discuss pros and cons of different formats and technologies for accessing information What works best for students?
- Discuss space planning - make the most of our space!


## The Falconer (Literary Magazine)

Advisor: Ms. Ruegger
Meetings: Room 358, B week
Students write creative stories, plays and poems for publication. Student created art work is also incorporated. Publication occurs in the spring and students work together for creating works, editing works and creation and distribution of the physical magazine.

## Ludlowe Leaders

Advisors: Housemasters
Meetings: LLC, E
The Ludlowe Leaders are junior students who provide a valuable service to the school. Ludlowe Leaders are called upon to give tours and orient new students and parents at various events, including our Preview Day, Freshmen Orientation, Open House, $8^{\text {th }}$ Grade Night, other $8^{\text {th }}$ grade transition activities, and occasionally give tours to visiting families. Applications are completed at the end of sophomore year and include an interview with the housemaster. In order to participate, you must be available for activities the week before the first week of school (in August) as well as some night activities. Participants also get a t-shirt to identify yourself as a Ludlowe Leader.

## Ludlowe Republicans

Advisor: Mr. Russell
Meetings: Room 249, B week.
For students that subscribe to conservative, and/or moderate-conservative points of political view. During election years, student may have the option of volunteering at the local GOP headquarters. This is an excellent "civic" opportunity for students.

## The Make-a-Wish Club

Advisors: Ms. Fine, Ms. Longobucco
Meetings: Room 345, B week
The Make-a-wish club is run in conjunction with the Make-a-wish foundation based out of Trumbull, CT. The focus of our club is to raise money for children who are terminally ill. The Make-a-wish foundation grants children who are ill with trips, celebrity meetings, vacations and experiences that they could never afford without the fundraising and generosity of the Make-awish organization and clubs that support it.

## Math Team:

Advisor: Ms. Brown and Ms. Parker
Meetings: Room 148, A/E week
Students interested in competing in the Fairfield County Math League. Math meets are the first Wed. of each month and students compete in up to three different tests against other FC schools. Math team competes in 6 matches at Wilton High School against many other schools in Fairfield county. We practice during activity period (A week) and after school. Each student competes in three rounds, solving three problems in each round without a calculator in ten minutes. The topics range from arithmetic to advanced trigonometry. Any student who loves math, enjoys competition and/or just want to have fun with friends should join the team.

## Mock Trial:

Advisor: Ms. Sousa
Meetings: Room 324 E week
Mock Trial Club participates in the State of Connecticut Mock Trial Tournament. We prepare both the Defense and Prosecution for a case that is released State Wide over the course of several months. We practice 5-6 hours per week and compete in December at the Stamford Court House.

## Mu Alpha Theta

Advisors: Ms. Artese, Ms. Barba
Meetings: Room 150, B week
Mu Alpha Theta is the United States Mathematical Honors Society for high schools and 2-year colleges. Members provide math tutoring to FLHS students, organize Pi Day events, and have opportunities to apply for scholarships and grants. Must apply and meet GPA requirements to become a member.

## The Music Appreciation Club

Advisor: Mr. Degan
Meetings: Room 151, B week
A group of students who use e-mail and Facebook to discuss music they like (most of it in popular styles). During the activity period, they discuss and listen to some of it, usually through YouTube on the classroom system. Occasionally, a few students even enjoy dancing to it!

## Tri-M Music Honor Society -

Advisor: Lynda Smith
Meetings: E-one Friday after school TBD in the fall. Dates are posted in the music department calendar.
Major work that club does - students perform for one another and in the community. Students provide service to the music department on an as need basis
Information for Candidates
Candidates who are invited to apply for Tri-M meet the following qualifications:
General Qualities

1. A sincere love of music
2. A commitment toward musical excellence
3. A willingness to give service to music department
4. Good interpersonal skills
5. Maintains an overall B average

## Musical Proficiencies

1. Has or will audition for Western Regional
2. Has at least one solo performance ready
3. Can identify the title, composer, period and genre of instrumental or vocal works.
4. Maintains an "A" average in their school ensemble.

## Recommended (but not required)

1. Private Instruction
2. Involvement in a musical ensemble outside of school
3. Enrolled in a non-performance music course
4. Leader in ensemble

## The Music Mentors club

Advisor: Mr. Albano
Meetings: Band Room, E
is really an "in-house" club. The members of my wind ensemble make arrangements for members and recruit students on a weekly basis depending on the needs of the group.

## Music Theory Club

Advisors: Albano, Cotellese
Meetings: Room 107 B week
Students will provide musical examples to discuss compositional techniques and general merits of the piece. Other music theory topics will be discussed.
Students will take time to find musical examples to be shared with each other.

## National Honor Society

Advisor: Kelly Smigala
Meetings: Room 349, E
Major work that club does- Tutoring Tuesdays, review with students for exams, one on one peer tutoring, service within the Fairfield community.

## SUMMARY OF MEMBERSHIP ELIGIBILITY REQUIREMENTS

- 3.70 or better GPA.
- Membership in at least 3 activities. Any two of these activities must be for at least 2 full school years. Any two of these activities must be associated with the FLHS community.
- A minimum of 5 hours of community service documented on the Service form from the beginning of the candidate's freshman year to the time of NHS application.
- A clean FLHS discipline record.
- Positive ratings from advisor/coach/employer in the area of Leadership totaling 8 or better. Candidates receiving one or more scores of 1 will not be eligible.
- Positive ratings scored by 5 members of the FLHS faculty/staff on the Recommendation forms averaging 3 or better in the area of character.
- NHS commitment sheet signed by candidate and parent/guardian.

Note: Failure to complete any or all of the above by the application's due date may result in non-acceptance into the FLHS National Honor Society.

## SELECTION PROCESS

1. Juniors and seniors who have been students at Fairfield Ludlowe High School for at least one semester, have a GPA of 3.70 or better and have a clean FLHS discipline record will be notified through their homeroom of their eligibility for candidacy to the local chapter of the NHS. Eligible juniors will be notified of their candidacy at the beginning of the second semester of their junior year. Students who become eligible as seniors will be notified by the end of October of their senior year.
2. Candidates will complete and submit the application by the specified due date to the advisor.
3. The NHS faculty council will review all applications and select the new members.
4. All applicants will be notified through their homerooms of their acceptance or non-acceptance in NHS.
5. Members will be officially inducted at the spring induction ceremony.

## NHS MEMBERSHIP REQUIREMENTS

- Members will be expected to participate in the NHS Chapter Service Projects. This participation can be in conjunction with or in addition to the Individual Service Project. A minimum of 10 community service hours is expected to be dedicated to Chapter Service Projects. Our primary project is peer tutoring at FLHS.
- Members will be required to complete an Individual Service Project. This project will consist of a minimum of 10 hours of community service that is carried out within the Fairfield community during each year of membership. These service hours must be completed and documented with the NHS advisor for each year of membership. Juniors' community service hours must be completed between July 1, prior to their junior year, and one week prior the induction ceremony in the spring. Seniors must have 10 community service hours completed between the last day of the school year in June of their junior year and the last day of the fall semester and the final 10 hours 1 week prior to the induction ceremony.
- Members are expected to attend monthly meetings.
- Members are expected to participate in the spring induction ceremony.
- Members are expected to continue to uphold the NHS goals of scholarship, service, leadership and character that were used to select each student for membership.


## Operation Hope

Advisor: Ms. Wennberg-Merritt
Meetings: Room 333, B/E week
Operation Hope is a club that helps to support the efforts of Operation Hope of Fairfield, a county wide organization established to help end hunger and homelessness in Fairfield County. We meet in Room 333 on "B" weeks to plan out activities that we can support. Once a month, on the third Thursday of the month, we prepare a dinner for 50 in the Culinary Arts Room, then deliver it and serve it at the Homeless Shelter in Fairfield. We also support the Op Hope Food Pantry, both directly and indirectly (Postal Workers' Food Drive), hold a Thanksgiving Fixings Food Drive at FLHS, help with gift wrapping at the holidays, and hold a Holiday Cookie Bag Drive. There are other initiatives we can support as well as fundraisers we can engage in, based on the efforts and initiative of members.

## Performing Arts Club

Advisor: Ms. Ingram
Meetings: Room 320/Choir, A/E week
Members of this club share and improve performance pieces. Vocalists, musicians, dancers, actors, and those simply interested in the performing arts are all welcome.

## Poomsae Club

Advisor: Ms. Barba
Meetings: Yoga Room, B week
Poomsae (commonly referred to as form) is a part of Taekwondo involving a series of block, kicks, and strikes. In the club, students will learn how to do poomsae and get a taste of this aspect of Taekwondo. It is a great club if you want to learn something new. No experience is necessary.

## Portuguese club

Advisor: Ms. Bedore.
Meetings: Room 284, B week.
The club is open to students who speak Portuguese or are interested in learning Portuguese. It is an opportunity to not only meet students at FLHS who have a background in the language, but also to learn about the culture through Portuguese music, food, and movie viewings.

## Prospect

Advisor: Ms. Marchello
Meetings: Room 215, A/E Week

- Students are expected to write one article (minimum) for the paper per marking period. Members are expected to attend activity periods in order to brainstorm newspaper topics, in addition to meeting their deadlines. Editors are responsible for overseeing a particular section of the paper by ensuring collaboration with student writers.

Prospect is the student run school newspaper here at FLHS. Prospect writers work with student editors to create a monthly paper which features FLHS news, local news, and national news. Prospect contributors work collaboratively to ensure that the achievements, concerns, and opinions of the FLHS community are heard and expressed through the paper.

## Red Cross Club (The American Red Cross)

Advisors: Ashley Alves \& Kim Bartlett
Meetings: LMC Lecture Hall, A week
"The FLHS Red Cross club, affiliated with the American Red Cross, hosts two blood drives each year, one in the Fall and one in the Spring. The American Red Cross challenges us to meet a certain \# of pints of blood donated, and if met, seniors in the club qualify for scholarship opportunities."

RAAFT (Raising Abuse Awareness For Teens)
Advisors: Deb Deren, Tim Morris
Meetings: Library Lecture Hall, B/E
We will be working with the Center For Family Justice on educating teens about Healthy Relationships.

SADD (Students Against Drunk Driving)
Advisors: Deb Deren, Tim Morris
Meetings: Counseling Center Conference Room, A/E
Will be working with MADD and the Fairfield Cares Coalition on educating youth about the dangers of drinking and driving. We will also be working on a Social Norming Campaign.

# Sandy Hook Promise Club 

Advisor: Ms. LaPierre-Grasso
Meetings: Room 256, B week
"(We) promise to do all (we) can to protect children from gun violence by encouraging and supporting solutions that create safer, healthier homes, schools, and communities." A Club devoted to keeping this promise close to the FLHS Heart, and in doing so, holding events that showcase this promise.

## The Student Representative Council (SRC)

Advisor: Ms. Frankel
Meetings: Room 255, E Thursday afternoons at 2:10 in 255.
The SRC consists of students elected by the student body or appointed by club advisors. The SRC runs the Battle of the Houses and the Perch. The representatives are the link between the student body and the administration.

## S.O.S. Club

Advisors: Ms. Stetter
Meetings: Room 301, B week
Students ... $\underline{\text { Supprating }} \underline{\mathbf{O}}$ ur-Selves, this is a group of students that works together to educate the school community on teen issues to help their peers and raise money.

## Save the Children

Advisor: Mr. Theisen
Meetings: Room 226, A week
Members will be engaged in fundraising activities that will be used towards Save the Children initiatives as chosen by the club members. Additionally, we are looking to raise awareness in the school community as to the many issues children face around the world.

## Science National Honor Society

Advisor: Ms. Martel, Mr. Kothari
Meetings: Room 214, E
Candidates who are invited to apply for membership must meet the following minimum qualifications. Applications will then be scored using a points system (more points given for higher GPAs, multiple AP science courses, and meaningful personal statements), and a cutoff score will be determined by faculty advisors to select the top candidates for membership.

1. Rising junior or senior who will have completed at least 2 years of honors level courses in science
2. Cumulative weighted GPA of at least 3.67
3. Cumulative weighted GPA of at least 4.00 in science courses
4. Enrolled in at least 1 AP science course
5. Completed application including personal statement
6. Teacher endorsement
7. No academic integrity violations

Advisor Name(s) Nicole Martel, Shiva Kothari
Meeting week (A, B, E): E (Meetings are after school and scheduled as needed)
Major work that club does - Students provide tutoring in science and participate in other activities to spread awareness and enthusiasm for the field.

## Spanish Club

Advisors: Ms. Benko, Ms. Grasso
Meetings: Room 254, A week
Some past activities: Día de los Muertos Door Decorating Contest; hat/scarf/gloves drive for Bridgeport; members have met at Bridgeport food pantry to translate for Spanish-speaking patrons and also at Fairfield Public Library to read books to children in Spanish; Cinco de Mayo activities at FLHS

## Spanish Honor Society

Advisor: Mary LaPierre-Grasso
Meetings: Room 256, E
In the spring rising seniors and graduating seniors can apply for membership to the Spanish Honor Society. Students must be enrolled in Spanish, have taken 2 years of honors level Spanish, maintain a 4.0 grade point average in Spanish and an overall grade point average of 3.0.

## Sports Analysis Club (SAC)

Advisor: Vincent Camera
Meetings: Room 359, A week
We discuss professional sports in general, the impact of individual players, their roles and abilities for their teams and speculation of what players will contribute to world of fantasy league play and performance. Sports typically discussed are football and baseball.

## The Squash Club

Advisor: Ms. Bassett
Meetings: SPRC, E
Meets during varying after-school hours depending on the season (never during activity period) at Southport Athletic Club. Description: "The Squash Club practices together at Southport Athletic Club and participates in regional squash competitions."

## Student Film Club

Advisor(s): Mr. Siano
Meetings: Room 251, B week
Student Film Club (previously Amateur Film Club) is dedicated to the production of films and videos made by the students of Fairfield Ludlowe High School. Student members can expect to learn about movie-making skills and opportunities for applying those skills locally. Time will also be spent analyzing both peer films as well those of the greats throughout history to create stronger comprehension for the art of film. The club is not selective and all members will be given the chance to contribute. Much like the film industry of reality, the most passionate and persuasive individuals will be the most successful members of the club. Professional Film Club is recommended for any person with an interest in pursuing film both as a hobby and as a career.

## Students Against Human Exploitation

Advisors: Ms. Marchello
Meetings: Room 215, B week
Our club is seeking motivated individuals who are willing to get involved in the fight to stop the various forms of human exploitation happening within our own community, nationally, and internationally. Students can expect to participate in discussions about human exploitation in order to become more knowledgeable about this issue. We will be teaming up with various organizations to help spread awareness about this issue. Furthermore, the club seeks to directly take action to minimize the instances of human exploitation.

## Teens for Tolerance Club:

Advisor: Ms. Hogarth, Ms. Longobucco
Meetings: Room 205, A week
Teens for Tolerance is a school club, striving to promote acceptance, positivity, and a welcoming atmosphere. Aiming to create our own community in FLHS, we strive for these goals through various campaigns and social events with other classmates and clubs. Together, we run campaigns such as "The R-Word Campaign" and "Project Post", both promoting acceptance and optimism. Inclusion and friendship are our main priorities, and we successful spread this throughout every school year!

## Ultimate Frisbee Club

Advisor: Mr. Reindel
Meetings: Room 315, B/E week
The Ultimate Frisbee Club is the club that handles the business affairs, scheduling, and other organizational activities of the ultimate Frisbee team. The team has formal practices and games in the spring but the club meets throughout the year to plan for the season and run team activities.

## UNICEF

Advisor: Ms. Walker
Meetings: Room 352, B week
UNICEF is mandated by the United Nations General Assembly to advocate for the protection of children's rights, to help meet their basic needs and to expand their opportunities to reach their full potential. Meet with us on B week to plan ways to support UNICEF's mission in our community and beyond.

## Youth American Cancer Society -

Advisor: Mrs. LeFebvre, Ms. Queiros
Meetings: Room 223, B week
YACS is a club that raises awareness and money for various cancer related fundraisers sponsored by The American Cancer Society, Pennies for Patients, and other various organizations. We pride ourselves in our fight to find a cure and save lives. Some of our fundraisers include, but are not limited to: Making Strides, Pennies for Patients, Brain Matters, toy delivery to Smilow Cancer Center at Yale-New Haven Hospital, and Relay for Life. Come join us in our pledge to make a difference!

## Yoga Club

Advisor: Ms. Mayeran
Meeting: Yoga Room A week and TBD B week; (There is an A week group and a B week group.)
Learning to use mindful breathing and stretching to increase flexibility and strength, harness your breath to relax and decrease stress, and to help find inner peace.

## Young Republicans

Advisor: Ms. Walker
Meetings: Room 352, A week
Young Republicans meet on A-week and are interested in discussing political issues that impact them and the community as well as participate in local republican candidate's campaigns. All interested members are welcome!

