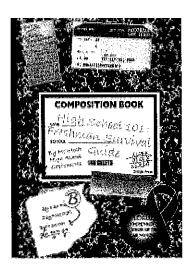
FAIRFIELD LUDLOWE HIGH SCHOOL



HIGH SCHOOL 101 FOR PARENTS OF FRESHMEN

CLASS OF 2019

FAIRFIELD LUDLOWE HIGH SCHOOL

MISSION STATEMENT

The Fairfield Ludlowe High School community is committed to ensuring that all of our students meet our common academic, civic, and social 21st century expectations. In this pursuit, we believe:

Our environment fosters:

- Fellowship: we can accomplish more together than we can individually.
- Acceptance: we recognize and respect differences.

We are passionate about:

- Learning: we encourage intellectual curiosity within and beyond the classroom.
- Commitment: we pledge to honor our obligations to ourselves and to each other.

Our learning experiences generate:

- Opportunity: we broaden horizons, deepen understanding, and inspire creativity.
- Niche: we discover who we are and what we want to become through enriching our unique strengths and exploring new ideas.
- Success: we strive to achieve our goals.

FLHS Contacts

Administration

Main Office (203) 255-7201

Greg Hatzis, Headmaster ghatzis@fairfieldschools.org Gail Seirup, Secretary

gseirup@fairfeildschools.org

Warner House

House Office (203) 255-7223

John Antonello, Housemaster jantonello@fairfieldschools.org

Kim Longobucco, Dean

klongobucco@fairfieldschools.org

Ellen Grumman, Secretary egrumman@fairfieldschools.org

Webster House

House Office

(203) 255 - 7236

Jodi Kostbar, Housemaster jkostbar@fairfieldschools.org

Sue Bannay, Dean

sbannay@fairfieldschools.org

Ann Zavory, Secretary

azavory@fairfieldschools.org

Wright House

House Office

(203) 255 - 7240

Anthony Formato, Housemaster aformato@fairfieldschools.org

Dave Craven, Dean

dcraven@fairfieldschools.org

Marie Palmieri, Secretary

mpalmieri@fairfieldschools.org

College and Career Center

(203) 255-7230

Health Office

(203) 255-7204

Pupil Services and Counseling (203) 255-7232

Robert Esposito, Director resposito@fairfieldschools.org
Julie Power, Secretary

ipower@fairfieldschools.org

Counseling Office (203) 255 - 7225

Kim Bauco, Counselor
kbauco@fairfieldschools.org
Courtenay Trahan, Counselor
ctrahan@fairfieldschools.org
Lois Wallman, Counselor
lwallman@fairfieldschools.org
MaryAnn Kovacic, Secretary
mkovacic@fairfieldschools.org

Counseling Office (203) 255 - 7238

Christina Caron, Counselor ccaron@fairfieldschools.org
Joanna Caserta, Counselor jcaserta2@fairfieldschools.org
Brian Sutcliffe, Counselor bsutcliffe@fairfieldschools.org

Janice Bock, Secretary jbock@fairfieldschools.org

Counseling Office (203) 255 - 7242

Bridget McHugh, Counselor bmchugh@fairfieldschools.org Allison Levy Ofir, Counselor aofir@fairfieldschools.org Matt Sutton, Counselor msutton@fairfieldschools.org Karen Tierno, Secretary ktierno@fairfieldschools.org

Alice Gorman

agorman@fairfieldschools.org

STUDENT RESOURCES

COLLEGE AND CAREER CENTER

A comprehensive College and Career Center is located in Room 360 off of the center hallway on the 3rd floor. A wealth of information on college and career planning, technical programs, apprenticeship programs as well as full-time, part-time and summer job listings are available in the Center. The Center is open to all students during the school day.

Contact: Alice Gorman (203) 255-7230 AGorman@fairfieldschools.org

COUNSELING CENTER

The Counseling Center is staffed by two Social Workers, two School Psychologists, and a Student Assistance Counselor. They provide services in the areas of prevention, intervention, evaluation and education. The Counseling Center is located in Room 286 and is open daily during school. To reach a member of the Counseling Center, please call the receptionist at (203) 255-7216.

Contact:

Deb Deren, Social Worker, DDeren@fairfieldschools.org Michael Crane, School Psychologist, mcrane@fairfieldschools.org Emily Gonzalez, School Psychologist, egonzalez@fairfieldschools.org Emily Gonzalez, School Psychologist, egonzalez@fairfieldschools.org

LIBRARY RESEARCH CENTER

The Library Research Center is located in the Library Media Center. It is a place where students can receive individual assistance from a library media specialist with all aspects of research papers and projects (choosing a topic, finding information, evaluating resources, organizing ideas, citing sources). A student can make an appointment by seeing any member of the library staff.

LUDLOWE LEADERS

Ludlowe Leaders are FLHS juniors who volunteer their time to serve as ambassadors to incoming freshmen during the entire ninth grade year. In addition to the Freshman Orientation program, they are available to help guide freshmen throughout the year.

Advisors: Housemasters

MATH LAB

The Math Lab is located in the Library Media Center and is open every period of the school day. It is staffed by members of the math department who are available to provide extra help to anyone who would like assistance in this subject area.

SCHOOL COUNSELING OFFICE

School counselors are available to assist students throughout the school day. Students are encouraged to come in during homeroom, between periods or during a free period to schedule an appointment. Counselors are available to meet with students throughout the day (except during periods in which they have a scheduled meeting). In the case of an emergency, someone is always available to assist students.

TEACHER EXTRA HELP

Teachers are available to assist students for extra help. If a student and teacher do not share the same free period, an arrangement can be made for a mutually agreeable time before or after school.

Off to the Right Start: Helping Students Transition to Secondary School

Transitioning to a new school can be an exciting but stressful time for children. Even when the change is positively anticipated, such as "graduating" to the next school level, facing the unknown can cause anxiety. The transition to high school can be particularly unsettling. The environment tends to be larger, potentially less nurturing, more departmentalized, more competitive, and more demanding academically. Additionally, students are expected to be more independent academically and their social life more complex and intense.

Understandably parents can feel anxious or concerned about how their child will adjust to these changes. Luckily, there are many ways for parents to help smooth the transition and support their child's academic social/academic success in their new school environment.

It is important to understand and anticipate common concerns related to moving to a secondary school environment

- *Environment*: Finding lockers, finding lunchrooms and bathrooms, getting through crowded hallways, getting to class on time, getting on the right bus to go home, lack of experience in dealing with extracurricular activities
- *Workload*: Keeping up with materials, new grading standards and procedures, more long term assignments, lack of basic academic skills
- Social: More peers pressures (i.e., cliques, dealing with older students and students from other schools), social immaturity
- Schedule: Remembering which class to go to next, more teachers, no recess, no free time
- *Other*: Reduced parent involvement, accepting more responsibility for their own actions, unrealistic parental expectations, coping with adolescent physical development

Parents can help their child prepare for and become comfortable with their new school environment

- *Emphasize positive* aspects of high school: With the move will come more opportunities for individuality and freedom. Students will have increasing choice in elective courses and extracurricular activities. There will be more opportunities to find friends with common interests.
- *Teach study skills*: Help students begin to self-regulate by breaking down large tasks into manageable pieces and provide guidelines so students can monitor their own progress. Familiarize students with using an agenda/assignment book to keep track of daily and long-term assignments.
- *Encourage participation*: Whether in extracurricular activities, extra-help homework programs, or school social/sports activities, students should be encouraged to seek these out as an opportunity to meet new people. Many schools offer an open house or fair during the first week of school to introduce new students to available activities.
- Continue or increase involvement: High schools continue to have numerous opportunities available for parent involvement. Parents should maintain communication with the school through meetings, e-mail/Internet, phone calls, and notes. If you have concerns, don't wait for the school to contact you. Look out for regular newsletters and other forms of communication home regarding events at the school.

Ways To Enhance Adolescent Development

- Understand that mood swings are a normal part of adolescence
- Allow your child to gain confidence through independent problem solving
- Help the adolescent learn decision-making skills and how to set limits and boundaries
- Allow for the making of mistakes
- Respect choices of self expression through dress, activities, friends and ideas
- Be consistent with rules and boundaries
- Use everyday opportunities to enhance communication
- Pat yourself on the back for a job well done!

Resources

National Center on Secondary Education and Transition. Phone: 612-624-2097; e-mail: ncset@umn.edu;web: www.ncset.org

Adapted from "Transition from Elementary to Middle School: Strategies for Educators," by Valerie Niesen and Paula Sachs-Wise, in Helping Children in Home and School II: Information for Parents and Educators, NASP, 2004. © 2006, National Association of School Psychologists, 4340 East West Hwy #402, Bethesda, MD 20814

Infinite Campus Parent Portal: Quick Reference Guide and FAQs for first time Login

Need an Activation Key? All parents and guardians should have received an activation key. New students and parents received their activation code upon registration.

Lost or never received your activation code? Please call the school at 203-255-7201 and speak to the main office for getting one sent to you.

Already created your user name and login? Type in your user name and password on the login screen. Please remember the password is case sensitive, so make sure your caps lock is off.

What can information is available on the parent portal? General demographic information regarding your student(s) and your household is available, and can be updated. Grades, Attendance and assignments are posted for your review.

How do I update my emergency contact information? You may edit any area that shows an "update" button by clicking on it and updating the information. Other than home phone, all other contact information will be reviewed by district staff prior to being added to the system. This may take several business days, so please plan accordingly.

Is there a smartphone/tablet app for the portal? Yes, available for iPhones, Android and Kindle. The district ID required to set up the app on your phone/tablet is: **GRQDNG**







Freshman Forum On Underage Drinking



SAVE THE DATE:

All Freshman Students & Parents Fairfield Ludlowe High School Thursday, November 12, 2015 7:00 – 8:30 PM

Freshman Forum on Underage
Drinking
Soar Above the Influence...

GENERAL SIGNS OF ALCOHOL OR DRUG USE

- -School work has declined: grades suddenly slipping or dropping dramatically
- -Missing school (skipping secretly or too "tired" or "sick" to go)
- -Mood changes (irritable, crying jags)
- -Dropping out of usual activities (music, sports, hobbies)
- -Physical appearance changing (poor hygiene, unusual style changes)
- -Friends suddenly change; doesn't introduce new friends
- -Money or valuables missing from parents' purse, from home
- -Furtive or secretive behavior (e.g. bedroom door locked and takes long time to answer, constant texting regarding going out-telling you it's "none of your business")
- -Hostile aggressive outbursts
- -Seems to have "lost" motivation
- -Forgetfulness
- -Unusual sleeping habits (changing over time or dramatic change)
- -Depressed (which can present itself as irritability, weight gain or loss, anger)
- -Anxious
- -My child just doesn't seem "right"

Parents who notice a shift from their child's normal patterns and behavior that cannot be attributed to the ordinary stresses of adolescence and changing level of independence should pay particular attention to their child's appearance, speech, and behavior. **Their independence should not be allowed regardless of behavior, but should be dependent upon living up to certain basic expectations.** If your teen now refuses to do chores, misses curfew regularly, creates a chaotic and hostile environment in the home, and frequently appears to be depressed, agitated, or "sleepy," you should investigate further, maintain clear channels of communication, and set clear boundaries and rules.

Information taken from: http://www.adolescent-substance-abuse.com/signs-drug-use-html

School Resources

Fairfield Ludlowe Counseling Center

Michael Crane, Psychologist	(203) 255-7216	mcrane@fairfieldschools.org
Emily Gonzalez, Psychologist	(203) 255-7216	mdanuszar@fairfieldschools.org
Debbie Deren, Social Worker	(203) 255-7216	dderen@fairfieldschools.org
Carrie Holskin, LCSW, Social Worker	(203) 255-7216	cholskin@fairfieldschools.org
Tim Morris, Student Assistance Counselor	(203) 255-7216	tmorris@fairfieldschools.org

Community Resources

Regional Adolescent Programs	(203) 335-2172
St. Vincent's Behavioral Health (Hall-Brooke)	(203) 227-1251
Connecticut Renaissance	(203) 367-7570
Fairfield Community Services	(203) 255-5777
Positive Directions	(203) 227-7644

Internet Resources

The websites listed here provide information on every aspect of substance use/abuse, as well as parenting strategies, I recommend taking some time to explore at least one of them. The Connecticut Clearinghouse is user-friendly and includes much information on substance and abuse issues related to adolescents.

www.connecticutclearinghouse.org	www.kidsgrowth.com
www.teens.drugabuse.gov	www.ct-aa.org
www.theantidrug.com	www.ct.al-anon.org
www.samhsa.gov	www.kidsgrowth.com

ATTENDANCE POLICY

Reporting Absences from School

Parents are expected to call or otherwise communicate with their child's house administrative office within two school days of each day their child is absent from school, tardy to school, or dismissed early from school. For your convenience, each house office has voice mail during non-school hours:

Warner House: 255-7223 Webster House: 255-7236 Wright House: 255-7240

Purpose of the Attendance Policy

The purpose of the Fairfield Ludlowe High School Attendance Policy reflects our desire to have each student attend all classes and arrive on time.

The maximum number of absences permitted before credit is lost:

Full-year course (five class periods per week):
Semester course (five class periods per week):
6
All health & PE courses:

Courses that deviate from the above: Prorate absences

Loss of credit will occur when the accumulated absences exceed the maximum indicated above. All absences-both Excused and Unexcused- from class will count toward loss of credit. (Exceptions are indicated below)

The Attendance Policy

All time absent from class will count toward loss of credit. (Exceptions are indicated below):

I. Excused absences that count towards loss of credit include, but may not be limited to, the following:

a. Illness

d. Driving test appointment

b. College visits

- e. Family vacations or celebrations
- c. Doctor or Dentist appointments
- f. Non-school sponsored athletic, performing arts, or other events

II. Absences that do not count towards loss of credit include, but are not limited to, the following:

- a. Religious holidays
- b. Scheduled office and guidance appointments
- c. Homebound instruction
- d. Special absences:
 - Class meetings
 - Field trips
 - Sports or other extra curricular activities sponsored by the school that are absolutely necessary.
 - In-school and out-of-school suspensions

Attendance Warning

When a student has accumulated one-half or more of the number of unexcused absences and/or excused absences and tardies referred to earlier, an attendance summary will be generated.

Loss of Credit

A student will lose credit in a course when the number of accumulated absences exceeds the maximum number of absences and tardies referred to earlier. A letter and a copy of the attendance record will be sent to the parents indicating that a loss of credit has occurred. The letter will explain the procedure for requesting a hearing before the Appeals Board. Deadlines will be indicated for the request of an appeal.

REQUIREMENTS FOR GRADUATION

Board of Education Policy 5225 - Under Revision

To graduate from the Fairfield Public Schools a student must earn a minimum of 43 credits and meet the credit distribution requirement. A student must also demonstrate the designated computer applications proficiency.

CREDIT REQUIREMENTS FOR GRADUATION

To meet the minimum requirements for a high school diploma, a student must earn 43 credits and achieve the following credit distribution:

English	8 credits
Math	6 credits
Science	6 credits
Social Studies	7 credits
D1	4 /17

Physical Education & Health 4 years (16 units)

Arts/Vocational 2 credits

DEMONSTRATE COMPUTER APPLICATIONS PROFICIENCY

DEMONSTRATE ACADEMIC PROFICIENCY (UNDER REVISION)

**Score at or above the Proficiency Level on The Connecticut Academic Performance Test (CAPT), taken in Grade 10: Science;

OR

Demonstrate proficiency on performance assessments, which correspond to any areas of CAPT, which fall below the designated score levels.

EARLY COMPLETION OF HIGH SCHOOL GRADUATION REQUIREMENTS

It is possible for students who are willing and able to plan ahead to complete high school in less than 4 years. Those who want to finish in 3-1/2 years must complete their plans by June of their 11th grade year.

All plans for early completion of high school must be carefully reviewed to be sure all situations have been thoroughly explored and understood by the student and his parents. A parent letter indicating the plan must be filed with the Director of Pupil Services and Counseling. The Headmaster must approve all requests. Students approved for the early completion of high school are expected to complete the program as planned.

** CAPT is given in the area of Science. The new SAT will be given in place of the SBAC (Smarter Balanced Assessment Consortium) for the areas of Math, Reading, and Writing.

FAIRFIELD WARDE/ LUDLOWE HIGH SCHOOLS MARKING PERIOD/REPORT CARD SCHEDULE 2015—2016

SEMESTER ONE

Marking Period 1

September 3—November 10, 2015 (45 days—D1=23, D2=22)

Tuesday November 10, 2015 2:00 p.m.

• Portal closed to parents & students

Wednesday, November, 18, 2015 2:00 p.m.

• Portal reopens to parents & students to access report cards

Marking Period 2

November 11—January 27, 2016 (45 days—D1=22, D2=23)

Wednesday, January 27, 2016 2:00 p.m.

• Portal closed to parents & students

Thursday February 4, 2016 2:00 p.m.

• Portal reopens to parents & students to access report cards

**** MID YEAR EXAMS – January 21, 22, 25, 26****
REVIEW DAY – Wednesday January 27, 2016

**** All dates are tentative and flexible

Fairfield Ludlowe High School

785 Unquowa Road Fairfield, CT 06824 (203)255-7201 2014 - 2015 Report Card

Grade: 11 Student ID:

Counselor:

Generated on 07/29/2015 12:09:50 PM

GPA Summa	ıry:			
	MP1	MP2	MP3	MP4
Term GPA	3.4743	3.2843	3.7783	3.6117

Attendance Summary:

	MF	P1	MF	2	MF	23	MF	°4	To	tal
أ	Absent	Tardy								
	0	2	0	4	1	4	1	1	2	11

Grade Report:

Task	MP1	MP2	MP3	MP4
Marking Period Mark	B-	C+	В	A-
Term 4 Comments: Attitude toward subject is positive. Ma	kes very good o	ontribution	is to class.	Effort is
				В
				В
	B-	C+	В	A-
			· ·	В
				В
	oleasure to have	in class. I	las shown	
	A-			
1 11 11 11 11 11 11 11 11 11 11 11 11 1				
	С	-	В	C+
	nance is not con	isistent.		
				C-
				C+
Marking Period Mark	C+	B-	B+	В
Final Exam				В
Final Mark				B-
Marking Period Mark	A-	Α	A-	A-
Final Exam				B+
Final Mark				A-
Marking Period Mark	Α	В	A-	C+
Final Exam				A
Final Mark				B+
Term 4 Comments: Is a pleasure to have in class.				
Marking Period Mark		Α-		
Final Mark		A-		
Marking Period Mark	B-			
Final Mark	В-			
Marking Period Mark			Α	
Final Mark			A	
				A
Final Mark				Â
	Marking Period Mark Term 4 Comments:Attitude toward subject is positive. Maexcellent. Works well with peers. Final Exam Final Mark Marking Period Mark Final Mark Term 4 Comments:Research project was excellent. Is a pringrovement this period. Marking Period Mark Final Exam Final Mark Marking Period Mark Term 4 Comments:Is a pleasure to have in class. Perform Final Exam Final Exam Final Exam Final Exam Final Mark Marking Period Mark Final Mark Marking Period Mark	Marking Period Mark Term 4 Comments: Attitude toward subject is positive. Makes very good of excellent. Works well with peers. Final Exam Final Mark Marking Period Mark Final Exam Final Mark Term 4 Comments: Research project was excellent. Is a pleasure to have improvement this period. Marking Period Mark A-Final Exam Final Mark Marking Period Mark Term 4 Comments: Is a pleasure to have in class. Performance is not confinal Exam Final Mark Marking Period Mark Final Exam Final Mark Marking Period Mark A-Final Exam Final Mark Marking Period Mark A-Final Exam Final Mark Marking Period Mark Final Exam Final Mark Marking Period Mark A-Final Exam Final Mark Marking Period Mark Final Period Mark Final Mark Marking Period Mark	Marking Period Mark Term 4 Comments: Attitude toward subject is positive. Makes very good contribution excellent. Works well with peers. Final Exam Final Mark Marking Period Mark Final Exam Final Mark Term 4 Comments: Research project was excellent. Is a pleasure to have in class. It improvement this period. Marking Period Mark Final Exam Final Mark Marking Period Mark A- B+ Marking Period Mark B+ Marking Period Mark C C C Term 4 Comments: Is a pleasure to have in class. Performance is not consistent. Final Exam Final Mark Marking Period Mark C+ B- Final Exam Final Mark Marking Period Mark A- A Final Exam Final Mark Marking Period Mark A- A Marking Period Mark Final Exam Final Mark Marking Period Mark A- A Marking Period Mark Final Exam Final Mark Marking Period Mark A- B Marking Period Mark A- B Marking Period Mark A- A Marking Period Mark Final Mark Marking Period Mark B- Marking Period Mark Final Mark Marking Period Mark	Marking Period Mark Term 4 Comments:Attitude toward subject is positive. Makes very good contributions to class. excellent. Works well with peers. Final Exam Final Mark Marking Period Mark Final Exam Final Mark Term 4 Comments:Research project was excellent. Is a pleasure to have in class. Has shown improvement this period. Marking Period Mark A- B+ Final Exam Final Mark B+ Marking Period Mark B+ Marking Period Mark C C C B Term 4 Comments:Is a pleasure to have in class. Performance is not consistent. Final Exam Final Mark Marking Period Mark C+ B- B+ Final Exam Final Mark Marking Period Mark A- A A- Final Exam Final Mark Marking Period Mark A- A Final Exam Final Mark Marking Period Mark A- A Final Exam Final Mark Marking Period Mark A- B Final Exam Final Mark Marking Period Mark A- B Final Exam Final Mark Marking Period Mark B- Final Mark A- Marking Period Mark B- Marking Period Mark B- Final Mark B- Marking Period Mark B- Final Mark B- Marking Period Mark B- Final Mark B- Marking Period Mark Final Mark A- Marking Period Mark

Term 4 Comments:Behavior in class is good. Participation is good. Attitude toward subject is positive. Is a pleasure to have in class.

Contact your teacher if you have any questions or concerns about your grades.

Term GPA is calculated based on current Marking Period grades.

PE, Health, Computer Information Systems, or Pass/Fail course grades are not included in any GPA calculation.

Fellowship Acceptance Learning Commitment Opportunity Niche Success

To Parent/Guardian of

Secondary School Record -- Transcript

Fairfield Ludlowe High School 785 Unquowa Road. Fairfield, CT 06824

Fairfield, CT 06824

PUBLIC SCHOOL CEEB #: 070187

School Accredited by: N.E.A.S.C.

State System Reg. Accred. Assoc.

School Phone: (203) 255-7201

ID#:

State ID#: Cumulative GPA (Weighted): 3.90

Birth:

Sex:

Graduation Date:

Class Size: 385

2012-2013 Grade: 09	Current Year Cre	edit: 14.80	PHYS ED - BADMINTON		A+	0.20
Fairfield Ludlowe High School			PHYS ED - BADMINTON		A+	0.20
_			PHYS ED -TENNIS		Α	0.20
Subject	Mark	Credit 2.00			Total C	redit: 39.40
ENGLISH 11	B A	2.00				
MOD GLOBAL STUDIES 10 ALGEBRA 31	A	2.00	2015-2016 Grade: 12		Current Y	ear Credit:
BIOLOGY 21	Â	2.00				
SPANISH 31	B+	2.00	Fairfield Ludlowe High School			
BUS CONCEPTS/CAREERS	A.	2.00		Semester	MP1	Anticipated
COMPUTER GAMES DSN & PROG	A	2.00	Subject	Mark	Mark	Credit
HEALTH 10	A	0.40	SATIRE			1.00
PHYS ED MP 1	A-	0.20	CONTEMPORARY GLOBAL LITERATURE			1.00
PHYS ED MP 2	A	0.20	AP MODERN EUROPEAN HISTORY			2.00
	• •		MULTIVARIABLE CALCULUS			2.00
	Total Cre	edit: 14.80	AP PHYSICS 2			2.00
			AP SPANISH			2.00
2013-2014 Grade: 10	Current Year Cre	edit: 12.80	AP MICROECONOMICS			1.00
Fairfield Ludlowe High School			AP MACROECONOMICS			1.00 0.25
•			HEALTH GRADE 12 PHYSICAL EDUCATION 12			0.25
Subject	Mark	Credit	PH I SICAL EDUCATION 12			0.50
ENGLISH 21	В	2,00			Total C	redit: 39.40
MOD GLOBAL STUDIES 21	Α	2.00				*
PRE CALC 41	Α	2.00				
AP STATISTICS	Α-	2.00				
AP CHEMISTRY	С	2.00				
SPANISH 41	B+	2.00				
HEALTH 20	В	0.20				
PHYS ED - FITNESS	Α-	0,20				
PHYS ED - TENNIS	A+	0,20				
PHYS ED 2	Α	0.20				
	Total Cr	edit: 27.60	_			
2014-2015 Grade: 11	Current Year Cr	edit: 11.80				
Fairfield Ludlowe High School						
Subject	Mark	Credit				
AP LANGUAGE & COMPOSITION	C+	2.00				
AP US HISTORY	В	2.00				
CIVICS-INTERNATIONAL RELATIONS	Α	1.00				
AP CALCULUS BC	Α	2.00				
AP PHYSICS 1	В	2.00				
SPANISH 51	B+	2.00				
COMPUTER PROFICIENCY	Р	0.00				
HEALTH 30	C-	0.20				

Date	School Counselor	
		Date Printed: 2015-11-2 9:38

WEIGHTING SYSTEM USED TO COMPUTE OFFICIAL GPA

GRADE	AP	LEVEL	LEVEL	LEVEL
GRADE	Ar	1	0 _	2
A +	5.00	4.67	4.67	4.33
A	4.67	4.33	4.33	4.00
A -	4.33	4.00	4.00	3.67
B+	4.00	3.67	3.67	3.33
В	3.67	3.33	3.33	3.00
В-	3.33	3.00	3.00	2.67
C +	3.00	2.67	2.67	2.33
C	2.67	2.33	2.33	2.00
C-	2.33	2.00	1.67	1.67
D+	2.00	1.67	1.33	1.33
D	1.67	1.33	1.00	1.00
D-	1.33	1.00	.67	.67
F	0.00	0.00	0.00	0.00

Making the Most of Your High School Experience

Freshman

- 1. Acquaint yourself with the high school and what it has to offer by looking through the Student and Parent Handbook and Program of Study guide.
- 2. Write down academic, extracurricular, athletic and social goals.
- 3. Become involved in a variety of different extracurricular activities to explore areas of interest.
- 4. Get to know your teachers, and seek extra help as soon as problems arise.
- 5. Meet and get to know your guidance counselor so that you can get to know one another.
- 6. Become familiar with graduation requirements.
- 7. Maintain a strong academic performance and attendance record.
- 8. Develop a resume that includes academic, extracurricular and community involvement/awards.
- 9. Stop in the College and Career Center and ask for a tour.
- 10. If you are enrolled in Honor's Biology, consider taking the SAT II Biology test in June. Discuss this with your teacher.
- 11. Discuss sophomore course selections with teachers, parents and guidance counselor.
- 12. Plan to become involved in a meaningful summer activity.



amily Connection

Family Connection

powered by MAVIANCE Welcome to the New User? Sign In for Returning Users If you have been given college E-mail: a registration code by and career your counselor, you Password: can begin the registration process Sign In below. for Fairfield Remember my e-mail address Register Ludlowe High If you forgot your password, click here for help. School **GUEST ENTRANCE** View FAQ You may enter as a guest if you do not have a student account. Please contact our counseling office for the guest password. Password: Enter as Guest

Fairfield

School

Ludlowe High

785 Unquowa Road Fairfield CT 06824

p: (203) 255-7201

"ALL"	Fairfield Ludlowe High School 2015 - 2016 Ac	tivity List	
Student Government	Advisor(s)	Room*	Group
Student Rep. Council*	Ms. Frankel	255	E
Class of 2016 (Seniors)*	Ms. Caron, Ms. Trahan, Mr. Sutton	274	Α
Class of 2017 (Juniors)*	Ms. Stetter, Ms. Parker, Dr. Kelly	325	Α
	Ms. Moir, Ms. Sousa	318	A
Class of 2019 (Freshman)	Ms. Seltenreich, Ms. Poole, Mr. Morris	221	Α
Warner House Council	Ms. Keegan, Ms Meyers, Ms. Trahan	326	Α
	Mr. Farkas, Ms. Bedore	252	Α
	Ms. Artese	234	Α
Student Activity/Club	Advisor(s)	Room*	Group
AFS*	Ms. Krieger, Ms. Bourque	Black Box	В
Amateur Film Club	Mr. Siano	251	В
Anger Management Club	Mr. Parisi	257	В
Animal Advocacy Club	Ms. Hilton	320	E
Anime Club	Mr. Farkas	252	B/E
Athletics Captains' Council	Mr. Schulz	Athletic Office	E
Axis and Allies Club	Mr. Russell	249	A
B Stigma Free Club	Ms. Rembish	250	В
Biology Club	Ms. Walker	352	В
Block Party - B-Cause Club	Mrs. Poole	227	В
Build On (FLHS)	MS. Newberg	225	<u> В</u>
Caelum (FLHS Yearbook)*	Ms. Caserta, Ms. Trahan	Webster Counseling	B/E
Caroline House Club	Mrs. Meyers	328	Б/ E А
Chess Club	Ms. Finerann	129	A/B/E
Chinese Honor Society	Ms. Chung	TBD	E E
Circle of Friends	Ms. Rubin/Holskin, Ms. Smith	Library	A&B
	Ms. Cohen	232	A A A
Coloring Book Club Dance Team*	Ms. Carbone	TBA	 B/E
Debate Team*	TBA	TBA	E
	Mr. McCloskey	262	
Diversity Club	Ms. Kondziela		A E
Drama Club*	·	Black Box	
National English Honor Society	Ms. McDonough, Ms. Seltenreich	220/221	E
E-Sports Club	Mr. Sherman	Auditorium	A
Eye See Club	Ms. Hermsen	raphics Lab Room 1	A
Falcon Report	Ms. Krieger	257	A
FCCLA	Ms. Mushala, Ms. Huber, Ms. Keleher	125	A/E
Feminism Club	Ms. Wolfer	237	A
FLHS Powered Media Club	Mr. Cole	322	A
French Club	Ms. Fredrick	283	A
French Honor Society	Ms. Lavigne	282	<u>E</u>
Future Business Leaders of Americ	La contraction of the contractio	303	A/E
Gardening Club	Ms. Hastings, Mr. Nulf	244	A
Graphic DesignTech Club	Mr. McCandless	15	Α
Grassroots Tennis Club	Mr. Reisert	327	A/B
GSA (Gay-Straight Alliance)	Ms. Reed	331	<u>B</u>
Hacky Sack Club	Ms. Wolfer	Large Gym	В
Impact (Bible Study)	Ms. Artese	234	В
Improv Club	Ms. D'Andrea	Black Box	Α
Interact Club	Ms. Mahar, Ms. Jenkins	345	A
Page 1 of 2			
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Student Activity/Club	Advisor(s)	Room*	Group
Intramurals	Ms. Kiely	Gym	Е
Italian Honor Society	Ms. Finneran	129	TBA
Java Club	Mr. Keating	305	A & B
Key Club*	Ms. Brown	Auditorium	В
Laces Go Places Club	Ms. Marchello	215	В
Latin Club	Ms. Haymond	276	В
Library Advisory Group	Ms. Waters, Ms. Krieger, Ms. Faiella	Library Learning Center	Ε
Literary Magazine (The Falconer)	Ms. Ruegger	358	В
Ludlowe Democrats	Mr. Parisi	257	Α
Ludlowe Leaders	Housemasters and Counselors	LMC	E
Ludlowe Republicans	Mr. Russell	249	В
M.A.D.D.	Mr. Morris	Counseling Center	Α
Make-A-Wish Club	Ms. Fine, Ms. Longobucco	345	В
Math Team*	Ms. Brown, Ms. Parker	148	A/E
Mock Trial Club*	Ms. Sousa	324	Е
Mu Alpha Theta	Ms. Artese, Ms. Barba	150	В
Music Appreciation/Analysis Club	Mr. Degan	151	A/B
Music Honor Society (Tri-M)	Ms. L. Smith	Music Office	E
Music Mentors Club	Mr. Albano	Band Room	E
Music Theory Club	Mr. Albano, Mr. Cotellese	107	В
National History Club	Mr. Parisi, Ms. Moir	318	E
National Honor Society*	Ms. Smigala	349	E
Operation Hope	Ms. Merritt	333	B/E
Performing Arts Club	Ms. Ingram	320/Choir Room	A/E
Portuguese club	Ms. Bedore	284	В
Prospect (FLHS Newspaper)	Ms. Marchello	215	A/E
Red Cross Club	Ms. Bartlett, Ms. Aives	LLC Lecture Hali	Α
R.A.A.F.T. Club	Mr. Morris, Ms, Deren	LLC Lecture Hall	В
S.O.S (Supporting Our Selves)	Educating the school community on teen issue	301	В
Save the Children Club	Mr. Theisen	226	А
Science Honor Society	Ms. Martel, Mr. Kothari	214	Е
Spanish Club	Ms. Benko, Ms. Grasso	254	Α
Spanish Honor Society	Ms. Grasso	256	E
Sports Ananylisis Club	Mr. Camera	359	Α
The Squash Club	Ms. Bassett	SPRC	E
Students Against Human Exploita	Ms. Marchello	215	В
Teens for Tolerance	Ms. Hogarth, Ms. Longobucco	205	Α
The Tribe (indigenous peoples)	Mr. Parisi	257	A/B
Ultimate Frisbee Club	Mr. Reindel	315	B/E
UN of Cuisine	Mr. Sherman	147	В
UNICEF Club	Ms. Walker	352	В
YACS (Youth American Cancer Soc	Mrs. LeFebvre, Ms. Queiros	223	B/E
Yoga Club	Ms. Mayeran	Yoga Room	A/B
Young Republicans	Ms. Walker	352	A
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NOTE: Meeting sites may change. Students may be notified through daily announcements.

Group A: Activities that are largely school and class oriented. They meet about twice a month during Activity Period.

Group B: Activities that are largely club and service oriented. They meet alternately with group A, twice a month during Activity Period.

Group E: Activities that meet during Activity Period but may also meet after school on another day decided upon by the students involved in the activity.

	X = no school
	1=DAY 1
	2=DAY 2
	3=DAY 3
	4=DAY 4
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2015-2016 Day Rotation Calendar

			S	eptemb	er		
	S	M	T	W	Th	F	S
date ~	建筑		→1	2	3	4	15
			X	X	1	2	
	6	7	8	9	10	11	112
		X	3	4	1	2	
	13	14	15	16	17 -	18	19
		X	3	4	1	2	
	20	21	22	23	24	25	.26
schedule day		→ 3	4	X	1	2	
	27	28	29	30			li de
		3	4	1			

			Octobe	r			<u> </u>		N	ovemb	er			December					
S	M	T	W	Th	F	S	S	M	Т	W	Th	F	SS	M	T	W	Th	F	S
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				2	3			4	X	1	2	3			1	2	3	4	
4	5	- 6	7	8	9	10	8	9	10	11	12	13	14 6	′	8	9	10	11	12
	4	1	2	3	4		₽	4	1	X	2	3		1	2	3	4	1	1
11.	12	13	14	15	16	17	15	16	17	18	19	20	21 13	14	15	16	17	18	19
	1	2	3	4	1			4	1	2	3	4		2	3	4	1	2	
18	19	20	21	22	23	24	22	23	24	25	26	27	28 20	21	22	23	24	25	26
	2	3	4	1	2			1	2	3	X	X		3	4	1	X	X	
25	26	27	28	29	30	3]	29	30					27	28	29	V	3 1		
	3	4	1	2	3			4						X	X	30	X		

January									F	ebruar	у				March						
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					1 🔨			1	2	3	4	1				4	1	2	3	5	
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	2	3	4	1	2			2	3	4	1	X			4	1	2	3	4	12	
10	11	12	13	14	15	16	14	15	16	17	18	19	20	13	14	15	16	17	18	19	
4	3	4	1	2	3			X	2	3	4	1			1	2	3	4	1	19	
317	18	19	20	21	22		21	22	23	24	25	26	27	20	21	22	23	24	25	26	
	X	4	1	2	3			2	3	4	1	2			2	3	4	1	X	26	
24	25	26	27	28	29		28	29						27	28	29	30	31			
	4	1	2	3	4			3							2	3	4	1			
31																				***	

			April							May		June								
S	M	T	W	Th	F	S	S	M	Т	W_	Th	F.	SS	3	M	Т	W	Th	F	S
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					2			2	3	4	1	2					3	4	1	
3	4	5	6	7	8	9	8	9	10	11	12	13	14	22	6	7	8	8,	10	11
	3	4	1	2	3			3	4	1	2	3		3	2	3	4	1	2	
10	11	12	13	14	15	:16	15	16	17	18	19	20	21 1	2	13	14	15	16	17	18
	X	X	X	X	X		115	4	1	2	3	4			3	4	1	2	X	5200
37	18	19	20	21	22	23	22	23	24	25	26	27	28 1	9	20	21	22	23	24	25
	4	1	2	3	4			1	2	3	4	1			X	X	X	X	X	
24	25	26	27	28	29	30	29	30	31				2	6	27	28	29	30		
24	1	2	3	4	1			X	2					3	<u>X</u>	X	X	X		25

DAY 1/3 DAY 2/4 SCHEDULE

Activity/ //Activisory	1		2		HR/Activity/ Advisory	3			4	
l de	7:30+8:49 A17:30+8:08	B-8-141-8-749	8:54-10:13 ^8:54-3:32	B:9:35_10/15 re-	11047131-1101-501	Class 10:55 11:34 Class	Tunch 12:14 11:35 12:05	Class Lunch 12:06 12:16 12:46 12:46	12351-2210 A12351-129	B:113222:10
	Z Z	<u>(a.</u>		Δ.	016	Lunch 10:55 11:25	Class	12:46	<u> </u>	
Day 4					Homeroom					
Days	H		2		Homeroom	<u>E</u>			4	
i (i	1		7		HoH	m			4	
Day 2					Homeroom					
Day1	<u></u>		2		Homeroom	E			4	
	1		2			Class	12:08	Lunch 12:10 12:40	4	
	7830-8-55 A7-30-8-111	B 8 44-8 55	9:00-110:25 A9:00:941	B.9.44-10.25	10.30+10.37	Lunch Class 10:42 10:42 11:12 11:25	Lunch 11:27 11:57	12:40 Class L 11:58 1 12:40 1	12:45-2:10 A12:45-12:6	B.117.957 100