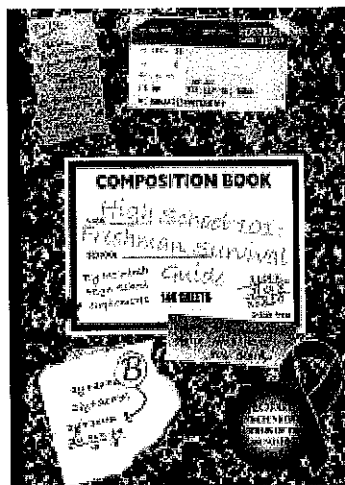


FAIRFIELD LUDLOWE HIGH SCHOOL



HIGH SCHOOL 101
FOR PARENTS OF FRESHMEN

CLASS OF 2018

FAIRFIELD LUDLOWE HIGH SCHOOL

MISSION STATEMENT

The Fairfield Ludlowe High School community is committed to ensuring that all of our students meet our common academic, civic, and social 21st century expectations. In this pursuit, we believe:

Our environment fosters:

- **Fellowship:** we can accomplish more together than we can individually.
- **Acceptance:** we recognize and respect differences.

We are passionate about:

- **Learning:** we encourage intellectual curiosity within and beyond the classroom.
- **Commitment:** we pledge to honor our obligations to ourselves and to each other.

Our learning experiences generate:

- **Opportunity:** we broaden horizons, deepen understanding, and inspire creativity.
- **Niche:** we discover who we are and what we want to become through enriching our unique strengths and exploring new ideas.
- **Success:** we strive to achieve our goals.

FLHS Contacts

Administration	Main Office (203) 255-7201	Pupil Services and Guidance (203) 255-7232
	Greg Hatzis, Headmaster GHatzis@fairfieldschools.org	Robert Esposito, Director REsposito@fairfieldschools.org
	Gail Seirup, Secretary GSeirup@fairfeildschools.org	Julie Power, Secretary JPower@fairfieldschools.org
Warner House	House Office (203) 255-7223	Counseling Office (203) 255 - 7225
	John Antonello, Housemaster JAntonello@fairfieldschools.org	Kim Bauco, Counselor KBauco@fairfieldschools.org
	Kim Longobucco, Dean KLongobucco@fairfieldschools.org	Courtenay Trahan, Counselor CTrahan@fairfieldschools.org
	Ellen Grumman, Secretary EGrumman@fairfieldschools.org	Lois Wallman, Counselor LWallman@fairfieldschools.org
		MaryAnn Kovacic, Secretary MKovacic@fairfieldschools.org
Webster House	House Office (203) 255 – 7236	Counseling Office (203) 255 - 7238
	Joanna Giddings, Housemaster JGiddings@fairfieldschools.org	Christina Caron, Counselor CCaron@fairfieldschools.org
	Sue Bannay, Dean SBannay@fairfieldschools.org	Joanna Caserta, Counselor JCaserta2@fairfieldschools.org
	Ann Zavory, Secretary AZavory@fairfieldschools.org	Brian Sutcliffe, Counselor BSutcliffe@fairfieldschools.org
		Bonnie Sims, Secretary BSims@fairfieldschools.org
Wright House	House Office (203) 255 – 7240	Counseling Office (203) 255 - 7242
	Anthony Formato, Housemaster AFormato@fairfieldschools.org	JulieAnne Dietz, Counselor JDietz@fairfieldschools.org
	Dave Craven, Dean DCraven@fairfieldschools.org	Bridget McHugh, Counselor BMcHugh@fairfieldschools.org
	Marie Palmieri, Secretary MPalmieri@fairfieldschools.org	Matt Sutton, Counselor MSutton@fairfieldschools.org
		Karen Tierno, Secretary KTierno@fairfieldschools.org
College and Career Center	(203) 255-7230	Alice Gorman AGorman@fairfieldschools.org
Health Office	(203) 255-7204	

Off to the Right Start: Helping Students Transition to Secondary School

Transitioning to a new school can be an exciting but stressful time for children. Even when the change is positively anticipated, such as “graduating” to the next school level, facing the unknown can cause anxiety. The transition to high school can be particularly unsettling. The environment tends to be larger, potentially less nurturing, more departmentalized, more competitive, and more demanding academically. Additionally, students are expected to be more independent academically and their social life more complex and intense.

Understandably parents can feel anxious or concerned about how their child will adjust to these changes. Luckily, there are many ways for parents to help smooth the transition and support their child’s academic social/academic success in their new school environment.

It is important to understand and anticipate common concerns related to moving to a secondary school environment

- **Environment:** Finding lockers, finding lunchrooms and bathrooms, getting through crowded hallways, getting to class on time, getting on the right bus to go home, lack of experience in dealing with extracurricular activities
- **Workload:** Keeping up with materials, new grading standards and procedures, more long term assignments, lack of basic academic skills
- **Social:** More peers pressures (i.e., cliques, dealing with older students and students from other schools), social immaturity
- **Schedule:** Remembering which class to go to next, more teachers, no recess, no free time
- **Other:** Reduced parent involvement, accepting more responsibility for their own actions, unrealistic parental expectations, coping with adolescent physical development

Parents can help their child prepare for and become comfortable with their new school environment

- **Emphasize positive** aspects of high school: With the move will come more opportunities for individuality and freedom. Students will have increasing choice in elective courses and extracurricular activities. There will be more opportunities to find friends with common interests.
- **Teach study skills:** Help students begin to self-regulate by breaking down large tasks into manageable pieces and provide guidelines so students can monitor their own progress. Familiarize students with using an agenda/assignment book to keep track of daily and long-term assignments.
- **Encourage participation:** Whether in extracurricular activities, extra-help homework programs, or school social/sports activities, students should be encouraged to seek these out as an opportunity to meet new people. Many schools offer an open house or fair during the first week of school to introduce new students to available activities.
- **Continue or increase involvement:** High schools continue to have numerous opportunities available for parent involvement. Parents should maintain communication with the school through meetings, e-mail/Internet, phone calls, and notes. If you have concerns, don’t wait for the school to contact you. Look out for regular newsletters and other forms of communication home regarding events at the school.

Ways To Enhance Adolescent Development

- Understand that mood swings are a normal part of adolescence
- Allow your child to gain confidence through independent problem solving
- Help the adolescent learn decision-making skills and how to set limits and boundaries
- Allow for the making of mistakes
- Respect choices of self expression through dress, activities, friends and ideas
- Be consistent with rules and boundaries
- Use everyday opportunities to enhance communication
- Pat yourself on the back for a job well done!

Resources

National Center on Secondary Education and Transition. Phone: 612-624-2097; e-mail: ncset@umn.edu; web: www.ncset.org

Adapted from "Transition from Elementary to Middle School: Strategies for Educators," by Valerie Niesen and Paula Sachs-Wise, in Helping Children in Home and School II: Information for Parents and Educators, NASP, 2004. © 2006, National Association of School Psychologists, 4340 East West Hwy #402, Bethesda, MD 20814



Transforming K12 Education

Campus Portal

Fairfield

Username

Password

Sign In >>

HELP ^

Forgot your password? | Forgot your username? | Problems logging in?

If you have been assigned a Campus Portal Activation Key, click here

If you do not have an Activation Key, click here

Tell me more!

District Notices

2014-08-08

Parents: Forgot your username or password? click on the "help" button on this screen. It will expand and provide links to recover them electronically.

English | 中文 | Español | 中文 | 中文 | 中文

© 2008-2014 Infinite Campus, Inc. www.infinitecampus.com

Infinite Campus Parent Portal: Quick Reference Guide and FAQs for first time Login

Need an Activation Key? All parents and guardians should have received an activation key. New students and parents received their activation code upon registration.

Lost or never received your activation code? Please call the school at 203-255-7201 and speak to the main office for getting one sent to you.

Already created your user name and login? Type in your user name and password on the login screen. Please remember the password is case sensitive, so make sure your caps lock is off.

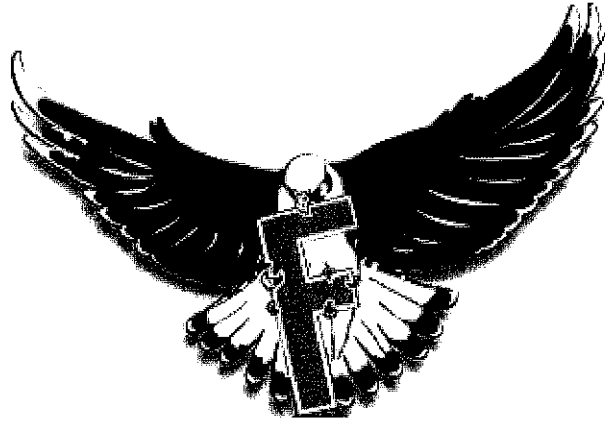
What can information is available on the parent portal? General demographic information regarding your student(s) and your household is available, and can be updated. Grades, Attendance and assignments are posted for your review.

How do I update my emergency contact information? You may edit any area that shows an “update” button by clicking on it and updating the information. Other than home phone, all other contact information will be reviewed by district staff prior to being added to the system. This may take several business days, so please plan accordingly.

Is there a smartphone/tablet app for the portal? Yes, available for iPhones, Android and Kindle. The district ID required to set up the app on your phone/tablet is: **GRQDNG**



Freshman Forum
On Underage Drinking



SAVE THE DATE:

All Freshman Students & Parents
Fairfield Ludlowe High School
Thursday, November 13, 2014
7:00 – 8:30 PM

Freshman Forum on Underage
Drinking
Soar Above the Influence...

PE and Health incentives for each ninth grader who
attends (10 points in PE, 5 points in Health)

GENERAL SIGNS OF ALCOHOL OR DRUG USE

- School work has declined: grades suddenly slipping or dropping dramatically
- Missing school (skipping secretly or too “tired” or “sick” to go)
- Mood changes (irritable, crying jags)
- Dropping out of usual activities (music, sports, hobbies)
- Physical appearance changing (poor hygiene, unusual style changes)
- Friends suddenly change; doesn’t introduce new friends
- Money or valuables missing from parents’ purse, from home
- Furtive or secretive behavior (e.g. bedroom door locked and takes long time to answer, constant texting regarding going out-telling you it’s “none of your business”)
- Hostile aggressive outbursts
- Seems to have “lost” motivation
- Forgetfulness
- Unusual sleeping habits (changing over time or dramatic change)
- Depressed (which can present itself as irritability, weight gain or loss, anger)
- Anxious
- My child just doesn’t seem “right”

Parents who notice a shift from their child’s normal patterns and behavior that cannot be attributed to the ordinary stresses of adolescence and changing level of independence should pay particular attention to their child’s appearance, speech, and behavior. **Their independence should not be allowed regardless of behavior, but should be dependent upon living up to certain basic expectations.** If your teen now refuses to do chores, misses curfew regularly, creates a chaotic and hostile environment in the home, and frequently appears to be depressed, agitated, or “sleepy,” you should investigate further, maintain clear channels of communication, and set clear boundaries and rules.

Information taken from: <http://www.adolescent-substance-abuse.com/signs-drug-use.html>

School Resources

Fairfield Ludlowe Counseling Center

Michael Crane, Psychologist	(203) 255-7216	mcrane@fairfieldschools.org
Emily Gonzalez, Psychologist	(203) 255-7216	mdanuszar@fairfieldschools.org
Debbie Deren, Social Worker	(203) 255-7216	dderen@fairfieldschools.org
Carrie Rubin, LCSW, Social Worker	(203) 255-7216	crubin@fairfieldschools.org
Tim Morris, Student Assistance Counselor	(203) 255-7216	tmorris@fairfieldschools.org

Community Resources

Regional Adolescent Programs	(203) 335-2172
St. Vincent's Behavioral Health (Hall-Brooke)	(203) 227-1251
Connecticut Renaissance	(203) 367-7570
Fairfield Community Services	(203) 255-5777
Positive Directions	(203) 227-7644

Internet Resources

The websites listed here provide information on every aspect of substance use/abuse, as well as parenting strategies, I recommend taking some time to explore at least one of them. The Connecticut Clearinghouse is user-friendly and includes much information on substance and abuse issues related to adolescents.

www.connecticutclearinghouse.org

www.kidsgrowth.com

www.teens.drugabuse.gov

www.ct-aa.org

www.theantidrug.com

www.ct.al-anon.org

www.samhsa.gov

www.kidsgrowth.com

ATTENDANCE POLICY

Reporting Absences from School

Parents are expected to call or otherwise communicate with their child's house administrative office within two school days of each day their child is absent from school, tardy to school, or dismissed early from school. For your convenience, each house office has voice mail during non-school hours:

Warner House: 255-7223 Webster House: 255-7236 Wright House: 255-7240

Purpose of the Attendance Policy

The purpose of the Fairfield Ludlowe High School Attendance Policy reflects our desire to have each student attend all classes and arrive on time.

The maximum number of absences permitted before credit is lost:

Full-year course (five class periods per week):	18
Semester course (five class periods per week):	9
All health & PE courses:	4
Courses that deviate from the above:	Prorate absences

Loss of credit will occur when the accumulated absences exceed the maximum indicated above. All absences-*both Excused and Unexcused*- from class will count toward loss of credit. (Exceptions are indicated below)

The Attendance Policy

All time absent from class will count toward loss of credit. (Exceptions are indicated below):

I. Excused absences that count towards loss of credit include, but may not be limited to, the following:

- | | |
|-----------------------------------|--------------------------------------------------------------------|
| a. Illness | d. Driving test appointment |
| b. College visits | e. Family vacations or celebrations |
| c. Doctor or Dentist appointments | f. Non-school sponsored athletic, performing arts, or other events |

II. Absences that do not count towards loss of credit include, but are not limited to, the following:

- Religious holidays
- Scheduled office and guidance appointments
- Homebound instruction
- Special absences:
 - Class meetings
 - Field trips
 - Sports or other extra curricular activities sponsored by the school that are absolutely necessary.
 - In-school and out-of-school suspensions

Attendance Warning

When a student has accumulated one-half or more of the number of unexcused absences and/or excused absences and tardies referred to earlier, an attendance summary will be generated.

Loss of Credit

A student will lose credit in a course when the number of accumulated absences exceeds the maximum number of absences and tardies referred to earlier. A letter and a copy of the attendance record will be sent to the parents indicating that a loss of credit has occurred. The letter will explain the procedure for requesting a hearing before the Appeals Board. Deadlines will be indicated for the request of an appeal.

REQUIREMENTS FOR GRADUATION

Board of Education Policy 5225

To graduate from the Fairfield Public Schools a student must earn a minimum of 43 credits and meet the credit distribution requirement. A student must also demonstrate the designated computer applications proficiency.

CREDIT REQUIREMENTS FOR GRADUATION

To meet the minimum requirements for a high school diploma, a student must earn 43 credits and achieve the following credit distribution:

English	8 credits
Math	6 credits
Science	6 credits
Social Studies	7 credits
Physical Education & Health	3.2 credits (16 units)
Arts/Vocational	2 credits

DEMONSTRATE COMPUTER APPLICATIONS PROFICIENCY

DEMONSTRATE ACADEMIC PROFICIENCY (UNDER REVISION)

**Score at or above the Proficiency Level on each of four areas of The Connecticut Academic Performance Test (CAPT), taken in Grade 10: Mathematics, Reading Across the Disciplines, Writing Across the Disciplines and Science;

OR

Demonstrate proficiency on performance assessments, which correspond to any areas of CAPT, which fall below the designated score levels.

EARLY COMPLETION OF HIGH SCHOOL GRADUATION REQUIREMENTS

It is possible for students who are willing and able to plan ahead to complete high school in less than 4 years. Those who want to finish in 3-1/2 years must complete their plans by June of their 11th grade year.

All plans for early completion of high school must be carefully reviewed to be sure all situations have been thoroughly explored and understood by the student and his parents. A parent letter indicating the plan must be filed with the Director of Pupil Services and Counseling. The Headmaster must approve all requests. Students approved for the early completion of high school are expected to complete the program as planned.

** CAPT will no longer be given. In its place will be the new SBAC (Smarter Balanced Assessment Consortium)

FAIRFIELD WARDE/ LUDLOWE HIGH SCHOOLS
MARKING PERIOD/REPORT CARD SCHEDULE
2014—2015
SEMESTER ONE
Marking Period 1
August 28—October 31, 2014 (45 days)
Friday October 31, 2:00 p.m. Parent & Student Portal closed until Monday November 10, 2:00 p.m.
Monday November 10, 2:00 p.m. Portal reopens to all students & parents to access report cards Report Cards Distributed at end of school day
Marking Period 2
November 1—January 22, 2015 (46 days)
Mid Year Exams
January 15, 16, 20, 21
Thursday January 22, 2:00 p.m. Parent & Student Portal closed until Friday, January 30, 2:00 p.m.
Friday January 30, 2:00 p.m. Portal reopens to all students & parents to access report cards Report Cards Distributed at end of school day
Thursday JANUARY 22 FIRST SEMESTER REVIEW DAY

Fairfield Ludlowe High School

785 Unquowa Road
Fairfield, CT 06824
(203)255-7201

2013 - 2014 Report Card
Grade: 12 Student ID:
Counselor:

Generated on 10/17/2014 08:31:30 AM

GPA Summary:

Cumulative GPA	MP1
3.7842	4.22

Attendance Summary:

MP1		Total	
Absent	Tardy	Absent	Tardy
2.5	2	2.5	2

Grade Report:

Course	Task	MP1
00410-3 English 41 [DESANTIS, JAMI]	Marking Period Mark <i>Term 1 Comments:Effort is excellent.</i> Final Mark	A
00560-3 Satire 40 [SIANO, CHRISTOPHER]	Marking Period Mark <i>Term 1 Comments:is a pleasure to have in class.</i> Final Mark	A
14700-11 AP US Gov/Politics [BASSETT, SARA]	Marking Period Mark <i>Term 1 Comments:is a pleasure to have in class. Attitude is excellent.</i> Final Mark	A
25400-1 Prob & Stat 40 [BENJAMIN, ROBERT]	Marking Period Mark <i>Term 1 Comments:is a pleasure to have in class. Makes some worthwhile class contributions. Effort is good.</i> Final Mark	A
42600-11 French 60 [HANSON, HEATHER]	Marking Period Mark <i>Term 1 Comments:Has difficulty grasping concepts.</i> Final Mark	B
53500-3 Marketing [COLE, STEFANIE]	Marking Period Mark Final Mark	A
92200-152 Phys Ed 2 [FORGET, MICHAEL]	Marking Period Mark <i>Term 1 Comments:is a pleasure to have in class. Effort is excellent.</i> Final Mark	A- A-

Contact your teacher if you have any questions or concerns about your grades.

Term GPA is calculated based on current Marking Period grades.

Cumulative GPA is calculated based on all final grades in previously completed high school courses. PE, Health, Computer Information Systems, or Pass/Fail course grades are not included in any GPA calculation.

Fellowship Acceptance Learning Commitment Opportunity Niche Success

To Parent/Guardian of

FAIRFIELD, CT 06824

Fairfield Ludlowe High School Official Transcript

School CEEB Code: 070187 Tel: (203)255-7201
785 Unquowa Road, Fairfield, CT 06824

Student Number: _____ Grade: 12
_____, FAIRFIELD, CT 06824
Generated on 10/17/2014 08:31:58 AM Page 1 of 1

Enrollment History

Start	End	Grade	School
09/02/2010		09	Fairfield Ludlowe High School
09/01/2011		10	Fairfield Ludlowe High School
08/30/2012	06/27/2013	11	Fairfield Ludlowe High School
07/01/2013	06/18/2014	12	Fairfield Ludlowe High School

Transcript Statistics

Cumulative GPA (Weighted) 3.7842

Student #:

UIC:

Diploma Date: 06/18/2014

Current Grade: 12

Birthdate:

Gender:

Comments

School Accredited by N.E.A.S.C.

Courses Taken 2010-2011 Grade 09

from 60 Fairfield Ludlowe High School

Course	Mark	Weight	Credit
ENGLISH 11	B	2.000	2.000
JUST AMER	A	1.000	1.000
HIGHLIGHTS WST CIV	A+	1.000	1.000
ALGEBRA 31	B	2.000	2.000
BIOLOGY 21	B-	2.000	2.000
FRENCH 31	B-	2.000	2.000
BUS CONCEPTS/CAREERS	A	2.000	2.000
HEALTH 10	A-	0.000	0.400
PHYS ED MP 3	A	0.000	0.200
PHYS ED MP 4	A	0.000	0.200

Total Credits: 12.800

Courses Taken 2011-2012 Grade 10

from 60 Fairfield Ludlowe High School

Course	Mark	Weight	Credit
ENGLISH 21	A-	2.000	2.000
MOD GLOBAL STUDIES 21	A	2.000	2.000
PRE CALC 40	B-	2.000	2.000
CHEMISTRY 31	B+	2.000	2.000
FRENCH 42	A	2.000	2.000
AP ECONOMICS - MICRO	C	1.000	1.000
HEALTH 20	A-	0.000	0.200
INDEPENDENT STDY P.E.	P	0.000	1.000
PHYS ED MP 1	P	0.000	0.200
PHYS ED MP 3	P	0.000	0.200
PHYS ED MP 4	A	0.000	0.200

Total Credits: 12.800

Courses Taken 2012-2013 Grade 11

from 60 Fairfield Ludlowe High School

Course	Mark	Weight	Credit
English 31	B+	2.000	2.000
US History 31	A-	2.000	2.000
Intro To Calc 50	B	2.000	2.000
Physics 40	A	2.000	2.000
French 52	A-	2.000	2.000
Computer Info Systems	B-	0.000	1.000
Bus of Sports/Entertain	A	1.000	1.000
Health 30	B	0.000	0.200
Phys Ed MP 1	A+	0.000	0.200
Phys Ed MP 2	A-	0.000	0.200
Phys Ed MP 3	C	0.000	0.200

Total Credits: 12.800

Courses Taken 2013-2014 Grade 12

from 60 Fairfield Ludlowe High School

Course	Mark	Weight	Credit
English 41	A	2.000	2.000
Satire 40	A	1.000	1.000
AP US Gov/Politics	B+	2.000	2.000
Prob & Stat 40	A-	2.000	2.000
French 60	B	2.000	2.000
Marketing	A	2.000	2.000
Health 40	A+	0.000	0.200
Phys Ed - Volleyball	A-	0.000	0.200
Phys Ed - Badminton	A	0.000	0.200
Phys Ed 2	A-	0.000	0.200

Total Credits: 11.800

Credit Summary

HS Credit	Earned
HS Credit	50.200
Total	50.200

Official's Signature _____

WEIGHTING SYSTEM USED TO COMPUTE OFFICIAL GPA

GRADE	AP	LEVEL 1	LEVEL 0	LEVEL 2
A+	5.00	4.67	4.67	4.33
A	4.67	4.33	4.33	4.00
A-	4.33	4.00	4.00	3.67
B+	4.00	3.67	3.67	3.33
B	3.67	3.33	3.33	3.00
B-	3.33	3.00	3.00	2.67
C+	3.00	2.67	2.67	2.33
C	2.67	2.33	2.33	2.00
C-	2.33	2.00	1.67	1.67
D+	2.00	1.67	1.33	1.33
D	1.67	1.33	1.00	1.00
D-	1.33	1.00	.67	.67
F	0.00	0.00	0.00	0.00

Making the Most of Your High School Experience

Freshman

1. Acquaint yourself with the high school and what it has to offer by looking through the Student and Parent Handbook and Course of Study guide.
2. Write down academic, extracurricular, athletic and social goals.
3. Become involved in a variety of different extracurricular activities to explore areas of interest.
4. Get to know your teachers, and seek extra help as soon as problems arise.
5. Meet and get to know your guidance counselor so that you can get to know one another.
6. Become familiar with graduation requirements.
7. Maintain a strong academic performance and attendance record.
8. Develop a resume that includes academic, extracurricular and community involvement/awards.
9. Stop in the College and Career Center and ask for a tour.
10. If you are enrolled in Honor's Biology, consider taking the SAT II Biology test in June. Discuss this with your teacher.
11. Discuss sophomore course selections with teachers, parents and guidance counselor.
12. Plan to become involved in a meaningful summer activity.

Welcome to Family Connection

Nice to see you again! Please log in.

username

password

remember me

Log In

[forgot your password?](#)

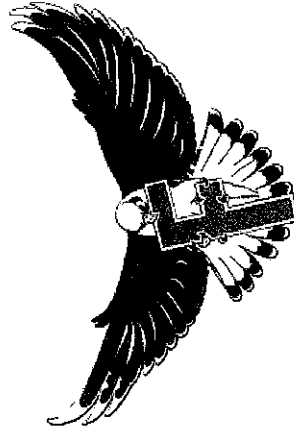
[need additional help?](#)

are you new here?

[I'm a guest](#)

[I need to register](#)

Fairfield Ludlowe High School
785 Unquowa Road
Fairfield CT 06824
p: (203) 255-7201



Fairfield Ludlowe High School 2014 - 2015 Activity List			
Student Government Body	Advisor(s)	Room*	Group
Student Representative Council*	Ms. Frankel	255	E
Class of 2015 (Seniors)*	Ms. Selteneich, Ms. Queiros	221	A
Class of 2016 (Juniors)*	Ms. Caron, Ms. Trahan	274	A
Class of 2017 (Sophomores)	Ms. Stetter, Ms. Parker, Dr. Kelly	325	A
Class of 2018 (Freshmen)	Ms. Moir, Ms. Sousa	225	A
Warner House Council	Ms. Keegan, Ms. Meyers, Ms. Trahan	326	A
Webster House Council	Mr. Farkas	252	A
Wright House Council	Ms. Benczkowski, Ms. Ruegger, Ms. Artese	127	A
Student Activity/Club	Advisor(s)	Room*	Group
AFS*	Ms. Krieger, Ms. Bourque	Black Box	B
Amateur Film Club	Mr. Siano	251	B
Anger Management Club	Mr. Parisi	257	B
Animal Advocacy Club	Ms. Hilton	320	E
Athletics Captains' Council	Mr. Schulz	Athletic Office	B/E
Axis and Allies Club	Mr. Russell	249	A
B Stigma Free Club	Ms. Rembish	250	B
Biology Club	Ms. Walker	352	B
Block Party - B-Cause Club	Mrs. Poole	227	B
Caelum (FLHS Yearbook)*	Ms. Caserta, Ms. Trahan	Webster Counseling	B/E
Caroline House Club	Mrs. Meyers	328	A
Chess Club	Ms. Finerann	129	A/B/E
Circle of Friends	Ms. Rubin, Ms. Lincoln, Ms. Smith	Library	A&B
Curling Club	Ms. Bannay	Off-site	E
Dance Team*	Ms. Carbone	TBA	B/E
Debate Team*	Ms. Tesoro	352	E
Didgeridoo Club	Ms. Poole	227	A
Drama Club*	Ms. Kondziela	Black Box	E
English Honor Society	Ms. McDonough, Ms. Selteneich	220/221	E
E-Sports Club	Mr. Sherman	TBA	A
Eye See Club	Ms. Hermsen	Graphics Lab Room 15	A
FCCLA	Ms. Mushala, Ms. Huber, Ms. Keleher	125	A/E
Feminism Club	Ms. Wolfer	237	A
FLHS Powered Media Club	Mr. Cole	322	A
French Club	Ms. Hanson	314	A
French Honor Society	Ms. Lavigne	359	E
Future Business Leaders of America	Ms. Rainho	303	A
Gardening Club	Ms. Hastings, Mr. Nulf	244	A
Grassroots Tennis Club	Mr. Reisert	327	A
GSA (Gay-Straight Alliance)	Ms. Hastings, Ms. Reed, Ms. Bannay, Ms. Martel	214	E
Hacky Sack Club	Ms. Wolfer	Large Gym	B
Hole in the Wall club	Ms. Tesoro	350	B
Impact (Bible Study)	Ms. Artese	274	B
Improv Club	Ms. Haymond, Ms. D'Andrea	Black Box	A
Interact Club	Ms. Neri	253	B
Intramurals	Ms. Kiely	Gym	E
Italian Honor Society	Ms. Finneran	129	TBA
Java Club	Mr. Keating	305	A & B
Juvenile Diabetes Research Foundation	Ms. Bassett	205	B
Key Club*	Ms. Brown	Auditorium	B
Latin Club	Ms. Haymond	276	B
Lewis and Clark Experience	Mr. Nulf	244	E
Library Advisory Group	Ms. Waters, Ms. Krieger, Ms. Faiella	LMC	E
Literary Magazine (Aurelia)	Ms. Ruegger	TBA	B
Ludlowe Democrats	Mr. Parisi	257	A
Living Healthy	TBA	TBA	TBA
Ludlowe Leaders	Housemasters and Counselors	LMC	E
Ludlowe Republicans	Mr. Russell	249	B
Make-A-Wish Club	Ms. Fine, Ms. Longobucco	345	B
Math Team*	Ms. Brown, Ms. Parker	148	A/E
Mock Trial Club*	Ms. Sousa	TBA	E
Mu Alpha Theta	Ms. Mason, Ms. Keegan	227	B
Music Appreciation/Analysis Club	Mr. Muller	327	A
Music Honor Society (Tri-M)	Ms. L. Smith	Music Office	E
Music Mentors Club	Mr. Albano	Band Room	E
National History Club	Mr. Parisi, Ms. Moir	318	E
National Honor Society*	Ms. Smigala	349	E
Operation Hope	Ms. Merritt	333	B/E
Performing Arts Club	Ms. Ingram	320	A/E
Prospect (FLHS Newspaper)	Ms. Keleher	145	A/E
Red Cross Club	Ms. Reed	LMC Lecture Hall	A
S.O.S (supporting our selves)	Ms. Stetter	301	B
Save the Children Club	Mr. Theisen	226	A
Science Honor Society	Ms. Tesoro	352	E
Science Research Club	Ms. Reed	213	B
Spanish Club	Ms. Benko, Ms. Grasso	254	A
Spanish Honor Society	Ms. Grasso	256	E
Teens for Tolerance	Ms. Hogarth, Ms. Longobucco	205	A
Throw Back Club	Ms. Coelho	350	A
Ultimate Frisbee Club	Mr. Reindel	303	B/E
UN of Cuisine	Mr. Sherman	147	B
UNICEF Club	Ms. Sousa	324	B
Women in Business Club	Ms. Cole	303	E
YACS (Youth American Cancer Society)*	Mrs. LeFebvre, Ms. Queiros	223	B/E
Young Republicans	Ms. Walker	352	A

Revised: 9/16/2014

* Meeting sites may change. Students may be

Group A: Activities that are largely school and class oriented. They meet twice a month during Activity Period.

Group B: Activities that are largely club and service oriented. They meet alternately with group A, also twice a month during Activity Period.

Group E: Activities that meet during Activity Period but may also meet after school on another day decided upon by the students involved in the activity.

STUDENT RESOURCES

COLLEGE AND CAREER CENTER

A comprehensive College and Career Center is located in Room 360 off of the center hallway on the 3rd floor. A wealth of information on college and career planning, technical programs, apprenticeship programs as well as full-time, part-time and summer job listings are available in the Center. The Center is open to all students during the school day.

Contact: Alice Gorman (203) 255-7230 AGorman@fairfieldschools.org

COUNSELING CENTER

The Counseling Center is staffed by two Social Workers, two School Psychologists, and a Student Assistance Counselor. They provide services in the areas of prevention, intervention, evaluation and education. The Counseling Center is located in Room 286 and is open daily during school. To reach a member of the Counseling Center, please call the receptionist at (203) 255-7216.

Contact:

Deb Deren, Social Worker, DDeren@fairfieldschools.org

Michael Crane, School Psychologist, mcrane@fairfieldschools.org

Carrie Rubin, Social Worker, CRubin@fairfieldschools.org

Emily Gonzalez, School Psychologist, egonzalez@fairfieldschools.org

Tim Morris, Student Assistance Counselor, TMorris@fairfieldschools.org

LIBRARY RESEARCH CENTER

The Library Research Center is located in the Library Media Center. It is a place where students can receive individual assistance from a library media specialist with all aspects of research papers and projects (choosing a topic, finding information, evaluating resources, organizing ideas, citing sources). A student can make an appointment by seeing any member of the library staff.

LUDLOWE LEADERS

Ludlowe Leaders are FLHS juniors who volunteer their time to serve as ambassadors to incoming freshmen during the entire ninth grade year. In addition to the Freshman Orientation program, they are available to help guide freshmen throughout the year.

Advisors: Housemasters

MATH LAB

The Math Lab is located in Room 368 and is open every period of the school day. It is staffed by members of the math department who are available to provide extra help to anyone who would like assistance in this subject area.

SCHOOL COUNSELING OFFICE

School counselors are available to assist students throughout the school day. Students are encouraged to come in during homeroom, between periods or during a free period to schedule an appointment. Counselors are available to meet with student throughout the day (except during periods in which they have a scheduled meeting). In the case of an emergency, someone is always available to assist students.

TEACHER EXTRA HELP

Teachers are available to assist students for extra help. If a student and teacher do not share the same free period, an arrangement can be made for a mutually agreeable time before or after school.

FAIRFIELD LUDLOWE HIGH SCHOOL WEEKLY SCHEDULE

TIME BLOCK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 7:30 - 8:15	1	2 7:30 - 8:11	1	2	1
2 8:20 - 9:04	2	1 8:16 - 8:57	2	1	2
3 9:09 - 9:16	HOMEROOM	HOMEROOM 9:02-9:09 ACTIVITY/ADVISORY 9:14-9:34	HOMEROOM	HOMEROOM	HOMEROOM
4 9:21 - 10:05	4	4 9:39 - 10:20	4	4	4
5 10:10 - 10:54	5	7 10:25 - 11:06	6	8	8
6 10:59 - 11:43	6	8 11:11 - 11:52	5	7	7
7 11:48 - 12:32	7	5 11:57 - 12:38	7	5	6
8 12:37 - 1:21	8	6 12:43 - 1:24	8	6	5
9 1:26 - 2:10	9	9 1:29 - 2:10	9	9	9