***Psychology Unit 3…….Mind and Body***

“If we could only know what goes on in a baby’s mind while observing him in action, we could certainly understand everything there is to psychology.” Jean Piaget 1927

What relationship could possibly exist between biology and psychology? Think of it this way. If your biological being suddenly disappeared, there would be nothing left. Without a body, there would be no behavior, and without a brain, there could be no mental processes. You couldn’t play a sport or a musical instrument. You couldn’t solve a problem or dream about the upcoming weekend. You couldn’t taste a freshly baked cookie. You couldn’t laugh at a joke (a behavior) or understand the humor behind it (a mental process). You couldn’t feel anxiety about an upcoming test or fall in love. In a nutshell, if biology disappeared, so would the stuff of psychology. It’s possible to study behavior and mental processes from a number of perspectives, including the cognitive, behavioral, and socio-cultural perspective. It is now biology’s turn in the spotlight!

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| **Date** | **Class activity** | **Homework** |
| 10/28 | Letters to the Future **(Computer lab 344)** |  |
| 10/29 | The Brain and Psychology |  |
| 10/30 | How do our brains work |  |
| 10/31 | LAB 344– Brain Project |  |
| 11/1 | Lab 344 – Brain Project **Module 8 due** | **Module 8 due** |
| 11/4 | Brain Injury and Trauma | Hand out sleep diary |
| 11/5 | Election Day |  |
| 11/6 | Presentation of Brain Project | Presentation |
| 11/7 | Presentation of Brain Project | Presentation |
| 11/8 | Presentation of Brain Project | Presentation |
| 11/11 | Veterans Day |  |
| 11/12 | Left and Right Hemispheres of the Brain |  |
| 11/13 | Secrets of the Mind |  |
| 11/14 | Sleep **Module 20 due** | Module 20 due today |
| 11/15 | Sleep Net.com  Meet in computer lab 344 |  |
| 11/18 | Sleep Part two **Sleep diary due** | Sleep Diary due today |
| 11/19 | Dreams |  |
| 11/20 | Hypnosis **Module 21 due** | Module 21 due today |
| 11/21 | Drugs…Altered states of Consciousness |  |
| 11/22 | Your Beautiful Mind…let’s get practical |  |
| 11/25 | An intro. to the senses…meet in computer lab 344  **Module 22 due** | Module 22 due today  Work on project |
| 11/26 | Senses project (meet in comp lab 344) | Work on project |
| 11/27 | College Day |  |
| 11/28-29 | **THANKSGIVING BREAK** |  |
| 12/2 | Perception and illusion | Work on project |
| 12/3 | Esher – Lab 344 | Work on project |
| 12/4 | **Project presentations…Taste and Touch** |  |
| 12/5 | **Project Presentations…Sight and Sound** |  |
| 12/6 | **Project Presentations….Smell** |  |
| 12/9 | Review – complete study guide |  |
| 12/10 | **Test** on mind and body unit | **Hand in study guide** |