

Physical Examination Requirement

In accordance with the Connecticut General Statutes, each student in the Fairfield Public School system must have a health assessment done at specified grade levels. This assessment must be done by a legally qualified practitioner of medicine, an advanced practice registered nurse, a registered nurse, a physician's assistant or the School Medical Advisor.

In Fairfield Ludlowe High School this physical assessment is due during the student's freshman year (grade 9). A physical from the health care provider dated on or after August 15th of the **previous year** will fulfill this requirement. Parents of freshmen are notified by mail in September of their freshman year of the Health Assessment requirement. The 2 page [State of CT Health Examination form](#) may also be downloaded in pdf format. The page can be read using Acrobat Reader free from [Adobe](#). Page 1 is to be completed by the parent and page 2 is to be dated and completed by the health care provider.

This required physical assessment is available through the Town for those who meet the financial eligibility criteria. You may contact the Health Office at 255-7204 for any questions or concerns related to this requirement.

Please Note:

- Physicals that have been turned in to the Nurse for sports participation within the time framework above will meet the requirement.
- Failure to comply with this regulation will prevent your child from entering his/her sophomore year.
- Students registering in Fairfield schools for the first time must contact the school nurse for the physical exam requirement.