

## Concussions

Please follow the link for information from the CDC on the signs and symptoms of concussion.

<http://www.cdc.gov/HeadsUp/index.html>

If your child is diagnosed with a concussion outside of school please report this to the school nurse. Any activity restrictions or accommodation requests should be presented in writing by the treating physician. Once your child can return to full activity a note from the treating physician allowing this is required.

Should your child receive a head injury at school or present with symptoms from a previous head injury the school nurse will contact you and may request an evaluation by a health care provider before allowing return to PE and/or sports.

The protocol for concussions and sports play may be found on the athletic tab of the school web site.