AQUA PE/HEALTH REQUIRNMENTS

**AQUA PE**

* Student’s grades 9-12 must complete and log **1200 minutes** of approved PE activity for the 2017-2018 school year.
* Students have all year September-June 8th, 2018 to complete the 1200 minutes
* How to fulfill PE requirement
  + Between 10am-10:25am each morning after AQUA through the fitness room or joining a PE class
  + After school starting at 2:15pm in the Fitness Room
  + TBA – Ms. Mayeran will be having a Yoga/Boxing class during Activity room
* Questions about PE? Contact Mike Abraham @mabraham2@fairfieldschools.org

**AQUA Health**

* All students are responsible for completing 1 quarter of Health within the assigned grade level marking period
  + **Freshman – 1st marking period**
  + **Sophomores – 4th marking period**
  + **Juniors- 2nd marking period**
  + **Seniors – 3rd marking period**
* Students need to connect to google classroom and complete weekly assignments during the above marking periods.
* Questions- contact Denise Lewis @dlewis@fairfieldschools.org