

# Fairfield Ludlowe High School Counseling Newsletter

**Check out our department's website!** 

Welcome back students! We hope everyone had a fun and restful summer vacation! Your school counselors were busy in the summer soaking up the sun and they are ready for an exciting year ahead! Over the next few months our counselor will be meeting with all freshman in small groups and with seniors to begin the college process.

A few things to remember – All freshmen and sophomores will have study halls. If your student has an empty please have them see their school counselor. All juniors are in health this quarter and sophomores and seniors are in PE this semester.

# **Senior College Info**

All seniors will attend a senior meeting regarding the application process on 9/13 @8:11am

- Warner Meet in Lecture Hall
- Webster- Meet in the Black Box
- Wright- Meet in the Auditorium

At the meeting students will learn about the application process, senior forms and necessary info regarding letters of rec. After the meeting seniors are welcome to begin making individual meetings with their school counselors.

Reminder to all seniors – STUDENTS are responsible for submitting their applications and test (SAT/ACT) scores.

# **Junior and Seniors!**

Interested in meeting college reps from all over the country?

Follow these easy steps!

- Go to FLHS homepage
- Click Naviance under "resource" tab
- Sign in
- Look at all "upcoming college visits" under the Colleges tab
- Pick the school(s) you would like to see
- Click "Sign up"
- Print the confirmation page and use it as your pass.
   Have your teacher sign and bring it with you to the college visit.

#### **Attention Freshmen!**

During the month of September you will receive a pass in homeroom for a small group meeting with your counselor. In these meetings, we will review credits for graduation, school policies, extra-curriculars and how to join clubs, IC, and options for extra help. This is a great time for counselors to meet their new students and kick off the school year!

"New month. New beginning. New mindset. New focus. New start.

New intentions. New results." – Unknown

# Questions regarding schedule?

School policy states that the following are the only reasons to change a schedule:

- Incomplete credits
- A course error by the school
- Change resulted in a course failed in June
- Change due to summer school class completed
- Change needed for college requirement

All students are responsible for attending all classes on their schedule.

# **Dates to Remember**

- Senior Parent Meeting 9/8 @8:15am
- Senior Student Meeting 9/13 @8:11am
- Student Activity Fair 9/13
- Open House 9/14
- Service Academy Day—9/16
   \*see school counselor for details
- SAT @ FLHS 10/7
- In school PSATs 10/11
- ACT 10/28



Meet Our Counselors & Secretaries (left to right)

<u>Warner</u>: Danielle Marseglia, Mary Ann Kovavic, Courtenay Trahan & Kim Bauco

<u>Webster</u>: Brian Sutcliffe, Joanna Martino, Janice Bock & Christina Caron

Wright: Bridget
McHugh, Matt Sutton,
Karen Tierno &
Allison Ofir

Welcome to the College & Career Center! I hope you had an enjoyable and relaxing summer. I am currently in the process of scheduling college visits and I want to give you some important information about the visit process and upcoming events...

#### **COLLEGE VISITS:**

# \*\*UCONN will visit FLHS on Tuesday, September 19 @ 10:00 AM in the Lecture Hall\*\*

Starting Monday, September 18, representatives from almost 200 colleges/universities, technical/trade schools, gap year programs and the military services will come to FLHS and tell students about their programs. The school counseling staff encourages juniors and seniors to attend these information sessions and learn about some of the opportunities that await them.

The College Visit Schedule is posted on Naviance (instructions for signing up are attached). Please check the schedule frequently as I add new schools daily. The schools are listed in chronological order; to see them alphabetically, click the blue "College" heading at the top of the list.

The visits are scheduled during class times and are open to all juniors and seniors. Students are excused from class at their teacher's discretion providing they:

- 1. Sign up through Naviance prior to the day of the visit.
- 2. Print out the Naviance registration page as their pass (make sure their name is on the pass).
- 3. Check Naviance registration page (their pass) for visit location.
- 4. Have their teacher sign the printed page and bring it to the College & Career Center (students without a signed pass will not be admitted).
- 5. Sign the attendance sheet at the visit--failure to do so will result in a cut for that class.
- 6. Have their pass stamped at the end of the visit and return immediately to class.
- 7. If they have a free period, they do not need a pass.

For seniors, these sessions provide an opportunity to make a positive impression on the representatives who often review and recommend students for admission. And for juniors who are just beginning the process, these visits are a wonderful way to start exploring their options.

If you need assistance reviewing the schedule on Naviance, please contact either your counselor or me. If students are unable to attend a chosen session, personal notes to the visiting Admissions Representatives are recommended; I will be happy to help.

I look forward to working with you this year. I have listed a few local college fairs below which you may find helpful. The fairs are free and open to the public. Please feel free to call or email me with any questions.

Cordially,
Alice Gorman
College & Career Center, Room 360
203-255-7230
agorman@fairfieldschools.org

#### **UPCOMING COLLEGE FAIRS:**

Sacred Heart University, Tuesday, October 10, 7—9 PM, Wm. Pitt Recreation Center

Info: www.neacac.org/2017-fall-fair-schedule

Danbury College Fair, Monday, October 16, 5 – 9:00 PM, Danbury Fair Mall

Info: www.schoolguides.com/danbury\_college\_fair.html (203) 830-4380 Directions: www.danburyfairmall.com/directions

#### **UPCOMING EVENTS:**

# We Need Money for College! How Can We Find Scholarships? ...Tuesday, October 24, 2017...FLHS Auditorium...6:00 PM

Do you need money for college but find the scholarship application process overwhelming? Not even sure where to begin? Strategic research and organization are key components to earning college scholarships. Come and learn some tips and discover new resources to help you strategize a plan and target the best scholarship opportunities. All parents and students are welcome!

For more information, please contact: Alice Gorman, College & Career Center. 203.255.7230, agorman@fairfieldschools.org

Financial Aid Night ...Wednesday, November 15, 2017...FLHS Auditorium...6:00 PM Details to come!

# **Questions for College Representatives**

When College Representatives visit the College and Career Center, their goal is to educate you about their school. It is a great opportunity to not only learn more about a school, but also to express interest in the school. In addition to the presentation, the college representatives are always interested in answering questions. We have listed a couple of questions that you may want to consider asking (in addition to your own), that may help you make the most out of these visits.

- 1. What qualities/characteristics are you looking for in applicants beyond GPA and standardized test scores?
- 2. What can I do to enhance my chances of admission in the college application process?
- 3. Do you have any programs that are specifically targeted to first year students Freshman Seminar, Residential Programs?
- 4. Do you have core requirements? If so, what are the areas, and how many courses can I choose from in each area?
- 5. Does it matter whether I indicate a specific major in the application or apply undeclared? For universities, are there different admit rates for the different colleges?
- 6. What is the most significant quality your college has to offer students?
- 7. If you are offered a certain financial aid package as an incoming freshman, how is that apt to change or stay the same as an upperclassman?
- 8. What is campus life like on the weekends?
- 9. How well do faculty know the students?
- 10. What is campus housing like?



# How to Successfully Schedule a College Visit

#### Step 1: Logging in to Naviance

- ✓ Visit the FLHS home page.
- ✓ Click "Naviance" under "Resources" (on the side of the page).
- ✓ Sign In For Returning Users
  - Username = first initial of first name + last name (e.g., John Doe = jdoe)
  - o If you forgot your password, please click: "Forgot your Password"
  - o You will need to check your personal email for your new password.
  - o Please remember to check spam folders for the email if you do not see it in your inbox.

#### Step 2: Schedule Your Visit

- ✓ Find "Upcoming College Visits" under the "Colleges" tab (look under the "My Colleges" section).
- ✓ Click "View All Upcoming College Visits"
  - You will now see a list of FLHS scheduled college visits
- ✓ Pick a school you would like to sign up for (click "College" at the top for an alphabetized list).
- ✓ Click "Sign Up"
  - o You will now see the details for the college visit.
- ✓ Click "Sign Me Up" if you would like to attend this college visit.

#### **Step 3: Create Your Pass**

- ✓ After you click "Sign Me Up", you will see a confirmation notice.
- ✓ Print this page, which is your pass.
- ✓ Bring the pass to your teacher and ask them to sign it; you may attend at their discretion.
- ✓ Put your name on the pass and bring this to the College & Career Center when you attend the information session; you will not be admitted without a signed pass.
- ✓ Remember to sign the attendance sheet at the information session otherwise you will receive a cut from your class.
- ✓ Have your pass stamped at the CCC at the end of the visit and return immediately to class.

# **Step 4: Be Prepared for Your Visit**

- ✓ Remember to review "Questions for Your College Representative" before attending the event.
- ✓ Enjoy your visit.