

# Fairfield Ludlowe High School Counseling Newsletter

**Check out our department's website here!** 

**Happy New Year, Ludlowe!** We hope everyone had a relaxing and enjoyable holiday break and exciting New Year celebration! January started off with a bang and gave us our first snow days of the year. We are now back in action and jumping into the New Year feet first. Teachers and students alike are busy preparing for midterms and the end of semester one. The cold winter months will be busy and are sure to fly by!

#### **Midterms**

Midterms are quickly approaching, with the start date on January 19<sup>th</sup>.

Here are a few ways to be prepared:

- Study early and often!
- Make sure to complete study guides
  - Check in with teachers to ensure accurate completion of study guide
- Go to bed EARLY and get a good night's sleep
- Students make sure to eat a well-rounded breakfast
- Bring snacks and water for between exams
- Remember midterms are only ONE test
- If students receive extra time they must speak with teachers ahead of time to set up a plan
- If your child is sick you must call the house office to report absence!!!

#### **Important Info for Juniors!**

Here's a timeline of what to expect in the upcoming months!

- January
  - o Start the college search
  - o Begin visiting schools
  - o Begin signing up for SAT/ACT
- February
  - Course selection speak with teachers about options for courses & meet you're your counselor
  - o After winter break, juniors & families will set up post high school planning meetings with counselors
- March April
  - o Family meetings continue to meet with counselors
  - o Attend college fairs
  - o Take SAT/ACT
  - o Continue visiting schools

#### Looking for scholarships?

Naviance houses a wealth of scholarship opportunities...you just have to look!

- Under the Colleges tab, scroll down to the Scholarship box at the bottom of the site and click Scholarship List.
- Each scholarship has a unique link with application information and deadlines.

A Google search can also uncover thousands of scholarship opportunities around the world. Search websites like <a href="https://www.FastWeb.com">www.FastWeb.com</a> or <a href="https://www.collegescholarships.org">www.collegescholarships.org</a> to see what's out there!

#### **Dates to Remember**

- Midterms 1/19-1/24
- Course Selection Night 1/24, 6 pm (snow date 1/25)
- 8<sup>th</sup> Grade Parent Night 1/31, 6 pm (snow date 2/1)
- Course selection
  - Teacher signature dates 1/30-2/6
  - Meet with Counselors 2/7-23
- SAT@ Ludlowe-3/10
- Community College Fair 3/15 @ HCC
- Junior in-school SAT 3/21
- College Fair @ Harbor Yard Arena 4/4

#### Senior Internship Info

Seniors who meet the eligibility requirements and are interested in Senior Internship Program must complete the online registration by Tuesday January 23<sup>rd</sup>. All students who have registered will be able to pick job placements starting on January 24<sup>th</sup>. Students will use the below link to access internship registration.

https://flhs-internship.org/



### The 2018 Ernie DiMattia Emerging Young Artist Scholarship Awards

The 2018 scholarships will be awarded to three high school students in grades nine through twelve for their writing of an original 15 minute, One Act play.

1<sup>st</sup> Place - \$750 2<sup>nd</sup> Place - \$600 3<sup>rd</sup> Place - \$400

- Application and Play Due Feb 1<sup>st,</sup> 2018
- Application and criteria can be found at www.palacestamford.org under "Education and Outreach."

## FLHS Computer Proficiency Exam

Thursday, January 23, 2018 12:15 p.m. Room 303

Click here to sign up for the Ludlowe Computer Proficiency Exam

Bring your photo ID (student ID, driver's permit/license or passport, etc.).

Students must sign into their school Google .net account to register.
Thank you!
The FLHS Business Department

## FIRST BREATHE, THEN CONQUER.

elax Kaplan) test prep

### **Looking for SAT Prep?**

Kaplan is offering free SAT Prep 1/16-1/17

Get your students ready for the March SAT with our Free SAT Prep. Students can get a baseline score with a practice test, learn time-saving strategies in our Bootcamp, and sharpen their reading and math skills before the big test. Link: https://www.kaptest.com/college-prep/free/free-prep-weeks