**ALLERGY ALERT INFORMATION**

August 2018

Dear FLHS Parents and Students:

This letter is to help all be aware of a serious situation that will take collaborative action as a community to address. Some of our students have allergies to nuts or food derived from any nut source. For some students, ingesting nuts or coming in contact with any nut source (either direct or indirect) can be dangerous or even life-threatening.

All of our classrooms are designated as peanut/tree nut-free, with the exception being our Culinary Arts classrooms. It has been our experience that high-school aged students tend to monitor themselves successfully, and families can inquire about the designation of a peanut-free table in the cafeteria. All of our staff receive training on life-threatening allergies and responses. The district websites provides a link to safe foods for consumption.

Here is where ALL FAMILIES can do their part, and with some simple precautions and awareness, we can keep our school environment safe for everyone:

* Never send homemade or store-bought food containing peanuts/nut products to school. If you are not sure of the ingredients-please read the labels carefully or make something you are sure is safe. Baked goods that are bought are especially difficult to control.
* Even touching nut products can cause contamination for those allergic. Because contact allergies present even more risk to these students, students are asked to wash their hands after lunch before attending the next class if they have eaten foods containing nut products.
* Field trips can be especially problematic. If you are packing a lunch or snacks, please be sure it does not contain nut products.
* Be aware that many low-fat products are often made with nut oils to enhance taste.

These simple precautions could make the difference between life and death. Please help us keep FLHS a safe place for everyone by doing your part.

Thanks for all your support!

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