FAIRFIELD LUDLOWE HIGH SCHOOL

Office for Pupil Services and Counseling

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Vanessa Montorsi, Director of Pupil Services and Counseling Julie Delmonico, Administrative Assistant

September 2018

Dear Senior Students & Parents/Guardians:

On October 10th the PSAT will be administered to students in grade 9, 10 and 11 during the school day. All students, regardless of grade level, will be dismissed at 11:45 a.m. This day's unique schedule provides a valuable opportunity for **Seniors** and their post-high school planning process. Each senior must select <u>one</u> of the following options:

Option 1: *Plan a job shadowing day*. Gain real work experience by spending the day shadowing an employee in a career you are interested in learning more about. Students are responsible for arranging these experiences.

Option 2: *Plan a college visit.* Visit your chosen college's website to officially register for a tour. Our local universities have offered tour times for FLHS students. If you plan to attend, you **MUST** register to attend at one of the following times: **Fairfield University**-10:30 a.m., 11:45 a.m., 1:30 p.m. **Sacred Heart University**-9:30 a.m., 12:00 p.m., 2:00 p.m. Click on either of the aforementioned college names to register to attend a tour at one of our local universities. Students are responsible for arranging these visits.

Options 1 & 2 have two requirements: (1) a parent signature on the permission slip (page 2) is due prior to the college visit or job shadow and is due no later than October 5th and (2) the confirmation slip (page 2), signed by the college admissions office or job shadow supervisor, due by October 19th, after your child has attended the college tour.

Option 3: *Post-Secondary Exploration & Application Assistance.* In school, Alice Gorman, College & Career Center coordinator, will assist seniors on an *individual basis* with completing the Common Application and exploring colleges, careers and jobs using Naviance. All seniors selecting this option should report to the College & Career Center by 7:30 a.m. on October 10th and bring their Chromebook. Students who choose option #3 will be dismissed from school at 11:45 a.m.

Students should discuss these opportunities with their parents, and must return the permission slip indicating their plans for this day to their school counselor *no later than October 5, 2018*. Please note, students who participate in college visits or job shadowing experiences on October 10th, and complete the appropriate paperwork, will not be penalized in attendance.

If you have any questions, please contact your school counselor.

Sincerely,

FLHS School Counselors

Initial Permission Slip, due on or before October 5, 2018:

On October 10, 2018, my child,	, HR	will (check one):
Complete a Job Shadow experience		
☐ Visit a college campus		
Attend Post High School Planning workshops offered at Fairfield	d Ludlowe	
Parent Signature:	Date:	
Cut Form Here		
ONLY complete this section if planning to participate	e in a Campus Visit (or Job Shadow.
This Confirmation Sheet is due o	n October 19 th .	
Student Name (prin	nt)	
Parent Signature		Date
College or Company name attended on C	October 10, 2018 (pr	rint)
College Admissions Representative or Job Shadov	w Supervisor's Name	(print)
College Admissions Representative or Job Shadow Sup	pervisor Signature	Date