



*High School & Youth Athletes, Parents & Coaches*

# **Get Ready for Top Athletic Performance**

## **Injury Prevention Interactive Workshop**

**Featured Sports Medicine Speaker: Michael Redler, MD**

**Wednesday, November 14<sup>th</sup>**

**6:30 -7:30 pm**

**Fairfield Ludlowe High School Gymnasium**

**To register:** (267) 664-1002 *Parents encouraged to attend.*

**Snacks & Giveaways**

