

## Fairfield Ludlowe High School Counseling Newsletter

**Check out our department's website here!** 

The end is in sight but we still have a busy month ahead. Testing season continues for the next two weeks with AP exams. In a few weeks, a great deal of our seniors will be leaving us for internship and out navigating the working world. We will miss them!

School counselors have been hard at work attending transition meetings for 8<sup>th</sup> grade students. The 2019-20 student schedule will soon be ready for us to finalize student schedules. Schedules will be available to all students in August, so try as you might, but your school counselor WILL NOT show you your schedule until it is finalized when we return to school. Counselors continue to visit colleges this month. Mr. Sutton will be visiting Stony Brook University. He and Mrs. Ofir are seeing University of New Haven. Mrs. Marseglia and Mrs. Ofir will be at University of Rhode Island and Salve Regina. Ms. Caserta is also looking at Providence College and Brown University. These college tours are keeping us busy!

## JUNIORS!! JUNIORS!! JUNIORS!! Visiting Colleges?

Making the most of your college visits:

- Act like a tourist: take pictures and videos, write notes, and ask questions...this could be your one time on campus before applying!
- Eat on campus and talk to current students.
   Remember your tour will show you the best of the best, so be sure to see the rest!
- Drive through the area: see what else goes on around campus.

#### **Final Exams**

Exams will be here before we know it! Here are some tips to prepare you for final exam days:

- Eat before a test
- Don't try to pull an all-nighter
- When you first review the test, look it over so that you can plan your time
- Do the easiest problems first, don't stay on a problem you are stuck on
- Don't rush, but pace yourself
- Make sure to write legibly
- Keep a positive attitude throughout the whole test

#### **Summer School**

Summer school is scheduled for July 1<sup>st</sup>-26th. Classes run either from 8-10am or 10am-12pm.

Please see your school counselor to confirm your eligibility for summer school! The summer school schedule and registration will be available by the end of the month.

#### **Dates to Remember**

- Life After High School-5/15 7 PM (WARDE)
- Senior Internship 5/23-6/12
- Senior Internship Reception 6/13
- Senior Award Night 6/13 @ 7:00pm
- GRADUATION 6/14 @ TBD
- Graduating senior transcripts sent to colleges – completed by 6/21

#### Looking forward...

- First day for incoming 8<sup>th</sup> graders 8/28
- First day for all students 8/29
- ACT 9/14
- SAT 8/24 & 10/5

#### **FINAL EXAMS:**

- Seniors June 6<sup>th</sup>-7<sup>th</sup>
- Underclassman June 10<sup>th</sup>-13<sup>th</sup>

#### **Got Summer Plans?**

- How to create the most of your summer:
  - o Create a resume using Naviance's resume builder
  - Stop in the College and Career Center for employment/volunteer opportunities
  - Work in town
  - Get involved or volunteer
- Any opportunity is a meaningful opportunity!
  - Examples- work locally, babysit, attend or work at a camp, yardwork for your neighbors, travel, standardized test prep



Standardized testing is an integral part of gaining admission to selective colleges and universities. Whether it's the SAT or ACT, it's important for families to understand why standardized testing matters, how it is evaluated and when your child should begin preparation.

All colleges will accept an SAT or ACT score, but it can be confusing and overwhelming to choose between the two tests. In this webinar, we will outline the differences between the two tests so you can make an informed decision on which exam you will perform best on.

### PLEASE JOIN US

Wednesday, May 8

8 - 9 pm EDT

To register, please visit:

http://bit.ly/AU-SATvsACT

To request a practice SAT or ACT exam, please

visit: http://bit.ly/AU-PracticeExams

For any questions, please call: +1 855-437-

8252

# LIFE AFTER HIGH SCHOOL

Strategies For Parents To Help Their Students Transition to College and Post High School Life

"The first 6 weeks of college for first-year students are critical to their success; about 1/3 will FAIL to enroll for their second year.

(Drug-Free Action Alliance)

HELP YOUR STUDENT NOT TO BECOME A STATISTIC!

Administrators and Counselors from Fairfield and Sacred Heart Universities will discuss What Parents Should KNOW and DO BEFORE they GO.

Topics will include alcohol and prescription drug use/abuse, Title IX and increasing your child's resiliency, independence - and chances to succeed!

Wednesday, May 15th, 2019 7-8:30pm

Fairfield Warde High School
Auditorium
755 Melville Avenue, Fairfield

# For <u>High School Seniors</u> and their Parents

From Here To Here

Support Hell

From Here

OISORIENTED WILDERED QUESTIONS ANSWERS

OUR DANCE ASSISTANCE

Brought to you by the PTAs of
Ludlowe and Warde High Schools
in partnership with Sacred Heart
and Fairfield Universities, and
Fairfield Cares Community Coalition
Like Us: ParenTeen Talks!

"If you want to prevent sexual assault you have to get in front of it and that starts with talking about in in High School."

Shafia Zaloom, Business Insider, 4/13/2016





WESLEYAN

## PRECOLLEGE STUDY

AT WESLEYAN UNIVERSITY July 1–31, 2019

PreCollege Study is a program of Wesleyan Summer Session; class enrollment for precollege students is limited.

- Full-credit classes in writing, art, politics, and more
- Faculty mentorship
- Social justice training



wesleyan.edu/summer | precollege@wesleyan.edu | (860) 685-2005

PRECOLLEGE STUDY AT WESLEYAN UNIVERSITY | MIDDLETOWN, CT 06459