## FAIRFIELD LUDLOWE HIGH SCHOOL

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Vanessa Montorsi, Director of Pupil Services and Counseling Julie Power, Administrative Assistant

May 31, 2019

Dear Parents and Guardians,

I am pleased to announce that Paula Kotara will be joining Fairfield Ludlowe High School as the new school counselor in Warner House, replacing Kimberly Bauco. Ms. Kotara will work with Ms. Bauco prior to her arrival in order to best support students, giving special attention to rising seniors, to ensure a seamless transition.

Ms. Kotara earned her Master's Degree in School Counseling from Fairfield University this past May. Due to her exemplary commitment, and the positive impact she made on the school counseling program, she was the sole recipient of the Dean's Award for Excellence, from the Graduate School of Education and Allied Professions Department.

Ms. Kotara completed a year-long internship at Trumbull High School. As part of her internship experience, she developed a counseling group for students who identified as being first generation college students. In addition to guiding students through the post-secondary process, she was closely involved in Dialectical Behavior Therapy, and RULER emotional intelligence focused interventions.

Ms. Kotara will be joining our staff in late August and is excited to get to know her Ludlowe students and families. Please join me in welcoming her to the Fairfield Public Schools!

Sincerely,

Vanessa K. Montorsi

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Director of Pupil Services & Counseling