From: Barlows
To: FWHSAll; ECC; All Central Office Staff; jdemarco@town.fairfield.ct.us; simplify23@aol.com
Subject: Barlow"s Menu for this week
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Menu Mar 11-13.15.docx

Barlow's

Specials for March 11-13

Wednesday	**Closed for private party**
Thursday	**11:15 am – 1:00 pm**
Friday	**11:15 am – 1:00 pm**

Classic Tomato Soup $2.50
~ Crushed plum tomatoes, onion, garlic and spices combined for a silky smooth soup.

Chicken Pot Pie $5.00
~ Tender white chicken, with assorted vegetables in a light Velouté sauce, topped with a flaky puff pastry crust.

Bread Pudding $2.00
~ Rich and creamy traditional bread pudding. With a dollop of whipped cream.

Lunch items always available

Chicken Salad Wrap $5.00
~with celery, fresh dill and green onions, this chicken salad is sure to delight
also available on wheat or white bread or toast

Grilled Cheese sandwich $3.50
~traditional sandwich with American cheese
available with tomato $4.00

Italian Panini $4.50
~Mozzarella with sliced tomatoes and fresh basil on hearty Tuscan roll

Salad Bar $5.00
~fresh mixed greens, cherry tomatoes, olives, cucumbers, grated carrots, chick peas, red onion, shredded cheddar, crumbled feta, croutons, chopped hard-cooked egg, etc. ~choice of dressings

Soup & Salad (or side) $6.50
~salad bar with a cup of soup
or scoop of chicken salad

Sides $2.00
~scoop of *fresh chicken salad*

Beverages $1.00
Coffee, tea, sodas, bottled water

Thank you for joining us – it is our pleasure to serve you! *~the students of* Barlow's

RSVP to Barlow's@fairfieldschools.org

Please give us 24 hour advance notice of your lunch requests, so we may start prepping and don't run out of your favorites.

We also have "pick-up" and delivery service available; let us know your room number for deliveries!

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