



Specials for Week of November 13 – November 15

Wednesday **10:30 am – 12:15pm**
Thursday **11:15 am – 1:00 pm**
Friday **11:15 am – 1:00 pm**

Potato Chowder \$2.50

-potatoes, milk, corn and cheddar are the signature ingredients in this creamy soup.

Grilled Chicken
with Spinach and Roasted Red Peppers \$5.00

- Grilled chicken breast, fresh spinach and roasted peppers on a crusty ciabatta roll.

Lemmon Squares \$2.00

-sweet and lemony.

Lunch items always available

Chicken Salad Wrap \$5.00

~with celery, fresh dill and green onions, this chicken salad is sure to delight

Grilled Cheese sandwich \$3.50

~traditional sandwich with American cheese

available with tomato \$4.00

Italian Panini \$4.50

~Mozzarella with sliced tomatoes and fresh basil on hearty white Panini roll

Salad Bar \$5.00

~fresh mixed greens, cherry tomatoes, olives, cucumbers, grated carrots, chick peas, red onion, chick peas, shredded cheddar, croutons, etc.

~choice of dressings

Soup & Salad (or side) \$6.50

*~salad bar with a cup of soup
or scoop of chicken salad*

Sides **\$2.00**

~scoop of fresh chicken salad

Beverages **\$1.00**

Coffee, tea, sodas, bottled water

Thank you for joining us – it is our pleasure to serve you!

~the students of **Barlow's**

RSVP to Barlow's@fairfieldschools.org

Please give us advance notice of your lunch requests, so we may start prepping in order to make sure you get your foods on time.

We also have “pick-up” and delivery service available. Make sure you let us know your room number for deliveries!