



# Barlow's

## Specials for October 15 - 17

**Wednesday 10:30 am - 12:15pm**

**Thursday 11:15 am - 1:00 pm**

**Friday 11:15 am - 1:00 pm**

<b>Tuscan Bean Soup</b>	\$2.50
<i>- white beans, chicken stock, shallots, garlic and spices, blended with cream into a delicious soup.</i>	
<b>Grilled Shrimp and Orzo</b>	\$5.00
<i>-with grilled zucchini, red and yellow peppers in a light basil vinaigrette.</i>	
<b>Panini Special -</b>	\$5.00
<i>- Turkey, muenster cheese and spinach on fresh Tuscan Pane bread.</i>	
<b>Carrot Cup Cake</b>	\$1.25
<i>- moist and delicious with fresh carrots and cinnamon. Topped with cream cheese frosting.</i>	

## Lunch items always available

**Chicken Salad Wrap** \$5.00

*~with celery, fresh dill and green onions, this chicken salad is sure to delight  
also available on wheat or white bread or toast*

**Grilled Cheese sandwich** \$3.50

*~traditional sandwich with American cheese  
available with tomato \$4.00*

**Italian Panini** \$4.50

*~Mozzarella with sliced tomatoes and fresh basil  
on hearty Tuscan roll*

**Salad Bar** \$5.00

*~fresh mixed greens, cherry tomatoes, olives,  
cucumbers, grated carrots, chick peas, red onion,  
shredded cheddar, crumbled feta, croutons, chopped  
hard-cooked egg, etc. ~choice of dressings*

**Soup & Salad (or side)** \$6.50

*~salad bar with a cup of soup  
or scoop of chicken salad*

**Sides** \$2.00

*~scoop of fresh chicken salad*

**Beverages** \$1.00

*Coffee, tea, sodas, bottled water*

*Thank you for joining us - it is our pleasure to serve you!*

*~the students of Barlow's*