

FAIRFIELD LUDLOWE HIGH SCHOOL

ATHLETIC DIRECTOR: DAVE SCHULZ

"HOME OF THE FALCONS"

FLHS Athlete/Parent Pledge

Why we have added this pledge:

The administration and coaching staff at FLHS are concerned about the increase in the usage of narcotics and alcohol by high school athletes everywhere. We hope to partner with athletes and parents at FLHS to ensure a healthy and safe environment. Signatures from both the athlete and parent/guardian will be required to participate in interscholastic contests each season indicating the understanding of the following points

- Both the athlete and parent have reviewed and signed the parent permission form and understand the consequences which will be administered for violation of the athletic code.
- As an athlete I understand the importance of physical fitness on my individual and team performance. Knowing that *one night of binge drinking will wipe out 14 days of training*, I pledge not to use narcotics or alcohol. I will take this pledge seriously and will be strong in resisting pressure from others to violate it.
- As an athlete I understand that I represent all of FLHS along with my family in the classroom, on the playing field and in the community. Failure to live up to this representation may result in suspension or dismissal from the team.
- I pledge to be honest and forthright if asked about situations knowing that my input is kept in confidence.
- As a parent/guardian I understand and will support the athletes pledge above and we will work together to adhere to it at all times. Parents/guardians can play a very big role in this process with their daily communication and caring for their son or daughter.
- Additional consequences of violating the athletic code with the use of narcotics or alcohol are as follows:
 - No FCIAC or CHSCA postseason honors
 - First offense for season; second offense for career
 - Captainship
 - Violation in or out of season results in loss of captainship if currently a captain and ineligibility to become a captain during their high school career.

Thank you for your support of our pledge and we look forward to a great season!

By electronically entering the parent permission form on our athletic website, parents and the student athlete will have acknowledged that you have read and agreed to the pledge above. This will be also reviewed at our athlete meetings and preseason parent meeting. Thank you