**Child Development – Spring 2015**

**Final Exam Study Outline**

Chapter 1:

Importance of understanding typical behaviors in children

The affect of childhood on adult life

Stimulating a baby’s senses

Nature vs. nurture

Subjective observation

Objective observation

Observing young children

Chapter 2:

Challenges and rewards of parenting

Parenting readiness

Chapter 3:

Parenting styles (permissive, assertive-democratic, authoritarian)

Types of families

Trends in families

Modeling behavior

Discipline/setting limits

Natural consequences

Chapter 4:

Conception

Fetal development

Birth defects

Miscarriage/Stillbirth

Chapter 5 & 6:

Early signs of pregnancy

Prenatal care throughout pregnancy

Risks of teenage pregnancy

Diet during pregnancy

Stress management during pregnancy

Delivery

Delivery options

Chapter 7:

Growth of an infant in the first year (height and weight)

Handling an infant

Feeding an infant (transition to solid foods)

Bathing an infant

Dressing an infant

Chapter 8:

Temperament (development and components/traits)

Signs of social development in an infant

How social behavior is learned

Play and its effect on social development

Providing an environment for healthy emotional development

Colic/reflux

Chapter 9:

Development of the brain

Areas of the brain and their functions

Neurons (parts and function)

Neural pathways

Organization of the brain

Communicating with an infant

Chapter 10:

Growth of child from 1-3 years (height and weight)

Hygiene (bathing, dental)

Dressing

Fostering healthy eating habits

Fine and gross motor skills from 1-3 years

Sensory integration

Sensory dysfunction

Providing a safe environment

Chapter 11:

Self-concept

Self-discipline

Tantrums

Handling behavioral issues

Phobias

Sibling rivalry

Parallel play

Cooperative play

Chapter 12:

Importance of selecting developmentally appropriate toys

Types of learning (incidental, directed, imitation, trial and error)

Speech development

Articulation

Speech problems and possible causes