

Infant Growth and Development

SECTION 7-1

Tracking Infant Development

Directions: For each motor skill described below, identify the *average age* at which the skill is first developed. Write the appropriate age from the box below in the blank in front of each skill description.

Ages		
1 month	5-6 months	9-10 months
2 months	7-8 months	11-12 months
3-4 months		

Months	Motor Skills
_____	1. Sits up steadily.
_____	2. Holds head up steadily.
_____	3. Turns head in direction of sounds.
_____	4. Lifts head when placed on stomach.
_____	5. May walk alone.
_____	6. Rolls from tummy to back.
_____	7. Puts objects in containers.
_____	8. Passes a block from one hand to the other.
_____	9. Watches the movement of objects close by.
_____	10. Picks up small objects using thumb and forefinger.
_____	11. Rolls over both ways.
_____	12. Puts objects into and takes them out of containers.
_____	13. Crawls well on hands and knees.
_____	14. Rocks on stomach while kicking legs and making swimming motions with arms.
_____	15. Stands with assistance.

16. Based on your responses, what is one of the first motor skills that infants acquire? _____
