

Emotional and Social Development of Infants

CHAPTER 8

Study Guide

Directions: Answer the following questions as you read the chapter. They will help you focus on the main points. Later, you can use this guide to review and study the chapter information.

Section 8-1: Understanding Emotional Development of Infants

1. Distinguish between *emotional development* and *social development*. When do both begin? _____

2. How are emotional and social development related? _____

3. What are the five basic emotions? _____
4. What is *attachment*? Why is it important to a baby? _____

5. What do psychologist Harry Harlow's experiments with monkeys suggest about the importance of attachment.

6. Describe a situation that could lead to *failure to thrive*. How might this condition affect this person as an adult?

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7. Describe ways to build a sense of trust in a baby. _____

8. What is *temperament*? _____

9. Match each temperament trait to the correct description below.

Temperament Traits		
Perceptiveness	Adaptability	Sensitivity
Mood	Energy	First reaction
Intensity	Persistence	Regularity

- A. Strength or weakness of emotional responses to events and to other people. _____
- B. Determination to complete an action. _____
- C. Strength of reaction to a person's own feelings. _____
- D. Awareness of surroundings and tendency to be distracted by new things. _____
- E. Ability to adjust to changes. _____
- F. Tendency to follow set patterns in daily life. _____
- G. Level of physical activity. _____
- H. Degree of comfort with new situations. _____
- I. Tendency to have a positive or negative outlook. _____

10. A crying baby doesn't seem to be hungry, in need of changing, hot or cold, or in need of burping. Describe three things you could try to comfort the baby.

11. Compare the symptoms of *colic* and *reflux*. How are they similar? How are they different?

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12. What precautions should be taken if a baby is given a pacifier? _____

13. How does the emotional climate among the adults in the home affect the baby? _____

Section 8-2: Understanding Social Development of Infants

14. A baby's eyes can follow moving objects at about what age? _____

15. At about what age can babies distinguish between family members? _____

16. What can a parent do to reduce *stranger anxiety* when introducing a baby to a new person?

17. How do babies learn social behaviors from caregivers? Give an example. _____

18. Nine-month-old Andre grabbed the family cat by the tail and pulled on it. "No, Andre, that's not how we treat the cat," his mother said sharply. Then Andre's father said, "Look at the funny expression on the cat's face," and laughed. How might Andre respond to these messages?

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- 19. How are play and social development related? _____

- 20. Describe a way that the caregiver can encourage an eight-month-old to crawl. _____

- 21. What are the characteristics of a good *play environment*? _____

- 22. A baby pours a cup of water on the floor and then splashes her hand in it repeatedly. Why is she doing this?

- 23. How is exploration linked to play? _____

**Understanding Social Development
of Infants**

SECTION 8-2

Milestones in Social Development

Directions: Read the descriptions of babies' behaviors below. From each description, identify the *average age* at which the behavior first appears. In the blank in front of the description, write the correct age from the box below.

Ages		
1 month	4-6 months	9-10 months
2-3 months	7-8 months	11-12 months

Months	Behaviors
_____	1. Shontel reached out to her mother and said "Mama."
_____	2. When Brandon's father left him alone, Brandon began to cry.
_____	3. Elena cooed and babbled happily in her playpen.
_____	4. When Ashley heard her grandmother's voice, she turned in that direction.
_____	5. David seemed fascinated with the word "no." He said it over and over.
_____	6. For the first time, Kareem began to smile and show excitement.
_____	7. Uncle Michael came to visit, but when Mia's mother tried to put her in his arms, Mia cried and clung to her mother.
_____	8. Alyssa enjoyed playing with other children.
_____	9. While drinking from his bottle, Jason maintained brief eye contact with his mother.
_____	10. Katie cried a lot, but when her father picked her up and spoke to her softly, she quieted down.
_____	11. When Matthew's sister took his toy away, Matthew began to cry.
_____	12. Camille enjoyed looking into a mirror and patting it with her hand.
_____	13. When his mother was out of the room, Marcus crawled around to look for her.
_____	14. Zach pointed vigorously toward the toy he wanted.
_____	15. Madison's mom knew what Madison needed from the sound of her cry.