**Muffin Frittatas**

6 eggs

½ cup milk

¼ tsp. salt

1/8 tsp. pepper

1 cup shredded cheddar cheese

¾ cup chopped zucchini

¼ cup chopped bell pepper

2 tbsp. onion, finely chopped

Heat oven to 350\*.

Beat eggs, milk, salt, and pepper in medium bowl until well blended.

Add cheese, zucchini, bell pepper, and onion; mix well.

Spoon evenly into 12 greased muffin cups, about ¼ cup each.

Bake until just set, 20-22 minutes. Cool on wire rack 5 minutes. Remove from muffin cups; serve warm.

http://www.incredibleegg.org/recipe/muffin-frittatas/print/?c=true