



Fairfield Woods Middle School

Québec City Field Trip

Day One | Thursday, May 15

6:00 AM Depart school on a deluxe, climate-controlled and restroom-equipped ACADEMY motorcoach.

Please plan to arrive at school to load your bags on the bus at least 30 minutes prior to your scheduled departure time, to ensure an on-time departure and an on-time arrival.

3:30 PM Arrive in Québec City, THE CRADLE OF FRENCH CIVILIZATION IN NORTH AMERICA, and meet your Visit Canada guide at the deluxe HOTEL LOEWS LE CONCORDE.

You'll have about an hour (depending upon your exact arrival time) to check in and freshen up.

4:30 PM Reassemble in the lobby, then depart on a WALKING ORIENTATION TOUR in Old Quebec that will introduce you to the Château Frontenac, the Terrasse Dufferin, the Assemblée Nationale, and (time and weather permitting) Québec's historic Citadelle.

Your walking tour will end with DINNER in a restored heritage building on the Grande Allée.

6:30 PM Arrive at RESTAURANT LE FEU SACRÉ for dinner amidst its centuries old stone walls and hand-hewn wooden beams.

Your dinner will begin with the soup of the day, followed by grilled chicken breast served with grilled vegetables & herbed linguini, beverage and dessert.

- 7:45 PM** After dinner, walk to the PLAINS OF ABRAHAM for a visit to a unique, stone fortification that was erected in the mid-nineteenth century to protect Québec City from an invasion from, of all places, America.
- 8:30 PM** Arrive at MARTELLO TOWER for an interesting, interactive lesson about military strategy of the era, and about the singularly harsh lives led by the soldiers stationed in the Martello Towers.
- 10:00 PM** After your history lesson, walk back to the hotel.
- 10:30 PM** Overnight security services begin at 10:30pm.

Day Two | Friday, May 16

- 7:30 AM** Meet your guide in the lobby and transfer to a FRENCH BREAKFAST in the lower city.
- 8:00 AM** Arrive at the charming RESTAURANT LE COCHON DINGUE (in the Quartier Petit Champlain) where you'll begin your day with a BREAKFAST of large fresh croissants and a bowl of chocolat chaud.
- 9:00 AM** After breakfast, walk via Breakneck Stairs (don't worry, nobody has since the 18th century) to nearby PARC MONTMORENCY.
- 9:15 AM** Upon arrival at Parc Montmorency, meet your photographer at the statue of George-Etienne Cartier, the father of Canadian Confederation, and pause on the ramparts for a GROUP PHOTOGRAPH.
- 9:30 AM** Board your bus and depart for the Albert Gilles Copper Art Museum.
- 10:00 AM** Arrive at CUIVRES D'ART ALBERT GILLES, where you will learn about the extraordinary craftsmanship of Albert Gilles, who created a large number of pieces of copper art at the nearby Sainte-Anne-de-Beaupré Basilica.

After your tour of the museum, you will participate in a hands-on copper workshop during which you will produce your own work of copper art.
- 11:00 AM** Meet the bus and depart on a short ride along the north shore of the Saint Lawrence River (the CÔTE-DE-BEAUPRÉ) to the village of Ste-Anne-de-Beaupré.
- 11:15 AM** There, upon arrival, your guide will lead you on a tour of the magnificent BASILIQUE SAINTE-ANNE-DE-BEAUPRÉ.

This world famous, gothic cathedral, which is visited by more than a million pilgrims every year, is renowned for its enormous proportions and superb stained glass windows.
- 11:45 AM** Meet the bus, then transfer to les Galeries de la Capitale.
- 12:30 PM** Arrive at LES GALERIES DE LA CAPITALE where, after lunch on your own in the international food court, you can go ice skating on its oversized ice rink, take a ride on the indoor roller coaster, or PRACTICE YOUR FRENCH in a few of les Galeries' 250 boutiques and retail stores.
- 2:30 PM** Meet the bus and depart for MONTMORENCY FALLS.
- 3:00 PM** Arrive at PARC DE LA CHUTES MONTMORENCY, where the first battle between Generals Wolfe and Montcalm took place during the epochal summer of 1759.

There, you will walk across a footbridge that crosses directly over the top of the 83-meter high falls, then (weather permitting) down a 250-foot staircase that's so close to the face of the falls that you'll feel the mist.

You will depart the Falls at 4:00pm, and make a brief stop at the hotel before transferring to dinner.

- 5:00 PM** Depart for a ride through the rolling hills and quaint villages of rural Québec to an all-you-can-eat dinner at an authentic French-Canadian CABANE À SUCRE.
- 6:15 PM** Arrive at LA CABANE A PIERRE where, after a tour of the sugar shacks and a hearty dinner of typical Québécois fare (including Mountaineer's Pea Soup, Home-baked Country-style Bread, Sausages, Traditional Tourtiere, Maple-glazed Ham, Pancakes with Maple Syrup, Maple Taffy on Real Snow, Coffee Tea, Soft Drinks and Fresh Spring Water), you'll spend the evening learning traditional dances and folk songs.

Your day will end with a sugar-on-snow party, with real maple syrup and real snow (stored in the winter and served every day of the year).
- 8:15 PM** Board your bus at about 8:00pm and return to the hotel.
- 9:15 PM** Overnight security services begin at 9:00pm.

Day Three

Saturday, May 17

- 7:45 AM** Bring your bags to the lobby and place them on the bus between 8:00 and 8:15am.
- 8:15 AM** Transfer to breakfast at the edge of the Latin Quarter.
- 8:30 AM** Arrive at the AUBERGE DU TRÉSOR where you'll have breakfast (French toast with bacon, orange juice and either coffee, tea or milk) at a colorful restaurant overlooking Place d'Armes.
- 9:45 AM** After breakfast, take a walk with your guide on the TERRASSE DUFFERIN. While you're there, you can have one of your classmates take your picture (with YOUR camera), then walk to a sound and light show depicting the rich history of Québec.
- 10:00 AM** Arrive at the MUSÉE DU FORT where you will learn about the many battles and skirmishes between the French, British and, yes, the American armies.

The 45-minute presentation will end with a memorable and highly educational depiction of the decisive Battle of the Plains of Abraham, and a QUIZ to see how much history you absorbed.
- 10:45 AM** After your quiz, walk with your guide to the QUARTIER PETIT CHAMPLAIN, the oldest part of the city, where you'll pause for lunch on your own (LE PETIT COCHON DINGUE would be a good choice).

After lunch, you'll be free to browse amidst the ancient greystone buildings and narrow, cobblestoned streets that date back the early 1600s.
- 12:30 PM** Reassemble at the RUBIK'S CUBE near Place Royale (you'll know it when you see it) then walk across the street to the Québec Ferry Terminal.
- 12:45 PM** Board the 1:00pm ferry to Lévis (from which, as you've learned, the British General Wolfe bombarded General Montcalm's French army in Québec City in the summer of 1759).
- 1:00 PM** End your Québec City visit with a FERRY RIDE ACROSS THE MILE-WIDE ST. LAWRENCE RIVER.
- 1:15 PM** Meet your bus at the Lévis Ferry Terminal and begin the last leg of your trip back to the United States.
- 10:30 PM** Arrive at school at about 10:30 or 11:00pm (your actual arrival time may slightly vary).