



TOWN OF FAIRFIELD
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Health Department

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Information about Bed Bugs



Bed bugs are small blood sucking insects that live in cracks and crevices around the home. They are reddish brown in color and their eggs are white or translucent in color. They are relatively flat and about ¼ inch to 3/8 inch long. Bed bugs can travel up to 100 feet to feed and can live up to a year without feeding. **Bed bugs do not transmit disease and are not related to cleanliness.**

Bed bugs are most often seen at night and leave behind dark spots of blood on mattresses, box springs and walls. Bed bug bites may cause reactions in some people. These allergic reactions can be mild to serious and it is recommended you contact a physician if you have a reaction. Bed bugs can travel in luggage, furniture, clothing and on people.

It is recommended that you contact a CT licensed exterminator to treat for bed bugs. All units that are found to have bed bugs, and the surrounding units, should be treated. Preparation is necessary before the treatment. It is recommended that you wash all your clothes and linens in hot water and keep them bagged and sealed till after the treatment. The dwelling and infested furniture should be vacuumed completely and the vacuum bag should be thrown out. It is possible to treat mattresses and other fabrics. After the treatments you should seal all cracks and crevices in the dwelling to prevent future problems. Multiple treatments may be required to fully eradicate the bed bugs.

More information on bed bugs:

EPA Information:

<http://www.epa.gov/pesticides/bedbugs/>

CDC Information:

http://www.cdc.gov/nceh/ehs/publications/bed_bugs_cdc-epa_statement.htm

CT Department of Public Health Information:

<http://www.ct.gov/dph/cwp/view.asp?a=3140&q=405378&dphPNavCtr=%7C>