



# What to Expect from Grade 8 Health...



What you learned in your sixth and seventh grade health classes will be put to the test this year!



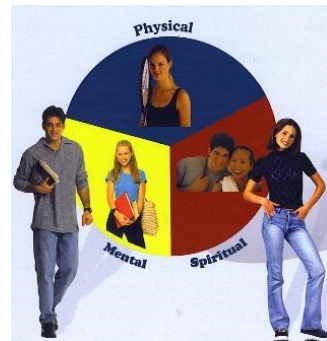
You will be expected to think critically and apply prior and new learning to your current life and your future.

### Topics to be studied:

- ~ Wellness/Definition of Health:  
*Major Factors – Personal Assessment-  
Goal Setting*
- ~ Choosing Healthy Behaviors:  
*Addiction- Eating Disorders - Stress-  
Heart Disease*
- ~ Mental Illness:  
*Depression-Suicide Prevention*
- ~ HIV / AIDS
- ~ Reproductive Anatomy &  
Reproduction
- ~ Healthy Relationships, Dating  
Violence & Sexual Harassment

### Final Grade is based on:

- 20% In class assignments, effort and participation
- 20% Homework
- 60% Projects & Tests



**\*See Infinite Campus for assignments, due dates and grades \***

For questions or to turn in assignments:  
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