

FAIRFIELD WOODS MIDDLE SCHOOL

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Gary A. Rosato, Ed.D.
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RE: Peanut Allergies in School

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Dear Parents and Students:

A number of students at Fairfield Woods Middle School have a life-threatening allergy to peanuts, peanut products, and/or other forms of nuts. This means they can't eat anything containing peanuts or foods derived from any nut source and in some cases can't be in contact with the nut proteins without serious reactions occurring.

We thank you in advance for adhering to some simple precautionary measures to keep our school safe for everyone. Even if your child is not affected by this allergy, it's important that you and your child are aware of the following guidelines to help protect others in the school:

- In the cafeteria, a nut-free table is available for any student wishing to sit there. Any student may sit there – just follow this simple rule: No peanut or nut products allowed (e.g. NO PBJ's) at the table.
- Parents and students in all grades are asked never to bring homemade food or products containing peanuts to school. If you aren't sure of the ingredients – please read the labels carefully or make something you are sure is safe. Baked goods bought from a store are especially difficult to control.
- The simple act of touching nut products can cause contamination for many children who have this allergy. Students must wash their hands after lunch and before attending the next class if they have eaten peanuts/PBJ's/or any food containing nuts. Due to the fact that contact allergies present a greater risk to these students, wipes are available at the front table.
- Field trips are especially problematic. If you are packing a lunch or snacks, please be sure it does not contain nut products. Low-fat products are often made with nut oils to enhance taste – so please be aware.

Following these simple precautions can make the difference between life and death. We all appreciate your attention to this important matter. Thank you.

Sincerely,

Gary A. Rosato, Ed.D.

Principal