

# **LUDLOWE BOYS' BASKETBALL TEAM**

## ***EXPECTATIONS:***

### **What you can expect from your coaches this season:**

1. A commitment to the total development of the player
2. Fairness and honesty
3. Hard work – long hours – sacrifices
4. Intelligence and competence
5. Discipline
6. Enthusiasm
7. Caring and compassion for the player
8. Support
9. To make team decisions

### **Coaches expectations from you this season:**

1. Responsibility and reliability
2. Being on time
3. Trust and honesty
4. Appropriate behavior – Do the right thing
5. Commitment to academic achievement
6. Expect to work harder than ever before
7. Be part of the solution, not part of the problem
8. Loyalty and respect

## ***POLICY ON TEAM MEMBERSHIP:***

### **Practice:**

1. Absences must be excused before hand by your coach
2. Be on time
3. Never walk on the basketball court. Run between drills
4. Listen to your coach teach and correct other players
5. Full speed effort on every play. Work to simulate game effort. You play the way you practice
6. All potential injuries will be reported to the head coach
7. Never leave practice without an O.K.
8. MUST PRACTICE TO PLAY

### **Game:**

1. Be on time – as schedule
2. Never lose your poise or get discouraged – no unsportsmanlike conduct
3. Show respect to officials
4. Never walk on or off the basketball court
5. On bench, be ready and enthusiastic
6. Must participate in physical education that day

## ***CONSEQUENCES***

Each situation will require the coaching staff to review the facts and team rules. Consequences may but are not limited to the following: loss of playing time, a parent meeting, game suspensions and removal from the team depending on the incident and the information available to the coaching staff. It is our philosophy to work with our players and to turn each opportunity into a learning situation. Therefore, each team infraction will be carefully reviewed and any consequences that are assigned by the coaching staff will be as appropriate as possible.