

Roger Ludlowe Middle School Physical Education Regulations and Policy Statement

Dear Parent,

We are looking forward to having _____ in our classes this year. We have developed a Participation and Classroom Discipline Plan, which helps students to understand our expectations. This plan will be in effect at all times. It affords every student choices in managing their own behavior. The class is aware of the rules, rewards, and discipline procedures. Emphasis is placed on student **persistence** and **listening with empathy and understanding** to provide a positive learning experience. Please discuss them with your child, sign the form and return it to us this week as part of our class assignment in “following directions”.

Sincerely,
Greg Collins, Debra Delahunt, Gail Glogan, Jeff Syrop

PARTICIPATION

All students will participate in physical education unless excused for medical reasons by their physician.

ACTIVITY CLOTHES

All students must change from the clothes they wore to school into activity clothes for each class. (**t-shirt with sleeves, shorts appropriate length, sweats and sneakers that tie**) Students not changing for class will not be permitted to participate in class. In addition students may be required to have a **mouth guard** for participation in some units. **Any student who is not prepared for class and is not excused from class with a note will receive a zero.**

CLOTHING STORAGE

Staff is not responsible for lost articles or money.

Assignment Book: Students must have their assignment book with them to be issued a locker in the locker room.

General procedures: Students will report to their respective locker rooms to change for class. After students change and ready themselves for class, they will be dismissed by a teacher to report to the gym for attendance. Each student will report to a designated area in the gym to meet with their teacher for attendance and to begin class. If a student arrives late to class with a pass, they should notify their teacher immediately. **No Gum, Candy or Electronic device are allowed in the locker rooms or Gyms. No Jewelry is to be worn during class. No aerosol sprays are to be used in the locker rooms due to allergies.**

ACCIDENTS

Students are to report all accident to the **PHYSICAL EDUCATION TEACHER IMMEDIATELY.**

MEDICAL EXCUSES

A short-term medical excuse, no more than **two (2)** consecutive classes, requires a written statement from parent/guardian, or the school nurse.

A long-term medical excuse, more than **two (2)** consecutive classes, requires a written release from a physician.

Long-term excuses should be brought to the school nurse who will forward it to the physical education department.

If a circumstance arises during the school day, which does not allow the student to participate in class, a note from the nurse will excuse the student from class.

WRITING/READING ASSIGNMENTS

Students will be required to complete one (1) writing/reading assignment each marking period.

GRADING

90% of the physical education grade is based on a daily 5 point scale of the following criteria: Preparation for class, effort in class and sportsmanship in class.

- Preparation 1 point available
- Effort 3 points available
- Sportsmanship 1 point available

10% of the student’s grade is based on their performance skill assessment/fitness.

DISCIPLINE

AN ATMOSPHERE OF CO-OPERATION AND MUTUAL RESPECT IS A NECESSARY INGREDIENT IN THE LEARNING PROCESS.

Students are to:

- Listen attentively and follow directions the first time they are given.
- Raise their hand and wait to be recognized before speaking. Does Not interrupt the teacher or another student when they are speaking.
- Keep hands, feet, and objects to themselves.
- Refrain from teasing, name-calling, or use of inappropriate language.

POSITIVE REWARDS

- Verbal praise
- Phone calls home
- Notes home
- Class leadership roles
- Choice of activity

Consequences: If students do not live up to our expectations, the following consequences will be implemented:

- Warning
- Detention
- Removal from class – followed by calling parents/guardian and notifying the Dean of Students Services.

SEVERE CLAUSE – Send immediately to the Dean. Examples: fighting, equipment abuse, unsafe behavior that might cause injury to another student, cursing teacher, insubordination, drugs, stopping a class from functioning.

We will be communicating with you about your child’s progress and behavior. Please contact us whenever you have any questions.

I have read and discussed your Participation and Classroom Discipline with my child. I understand that it might be necessary for you to contact me at work.

My home phone number is _____. My work number is _____

Parent signature _____

Child’s name _____ Date _____

Grade _____ Days and Period Class Meets _____

Parent e-mail address _____

Comments:
