# ROGER LUDLOWE MIDDLE SCHOOL

689 Unquowa Road Fairfield, CT 06824-5010 Phone (203) 255-8345 - Fax (203) 255-8214



Megan Tiley, Principal Steve DeAngelo, Assistant Principal Karin Shaughnessy, Assistant Principal Jason Purzycki, Dean of Students

#### INTRAMURAL/AFTER-SCHOOL ACTIVITY INFORMATION

August 23, 2018

Dear RLMS Families:

All RLMS families received our Parent Info Packet this summer via Infinite Campus messenger. I realize that all of this information can be very overwhelming. I am going to attempt to break down some of the "Frequently Asked Questions" as the year begins. Below is specific information about clubs and after school activities at RLMS. Please encourage your child to get involved!

Question 1 – My child is interested in participating in after school activities. When do clubs run? What kind of activities are offered?

Clubs/Activities - Offered Mondays and Thursdays after school until 4pm. NO tryout required!

Please note that these are **examples** of clubs run in the past. We make every effort to run as many after school clubs as possible. Please contact Jill DeNomme at jdenomme@fairfieldschools.org if you have specific questions about clubs or after school activities.

Arts and Crafts
Badminton
Chess Club
Club O – Organization Club
Cooking
Games Club
Homework Club
Literary Magazine/ Ludlowe Light
School Newspaper
Sewing
Student Leadership
Yearbook Club
Yoga

Intramural/Team Sports - Tryout may apply. Meeting times TBD.

Basketball, Boys Basketball, Girls Cheerleading Chamber Orchestra Cross Country (fall)
Drama Club
Golf (fall)
Jazz Band
MS Vocal Ensemble
Outdoor Track (Spring)

#### Question 2 – What forms are required to participate?

All students wishing to participate in <u>any</u> after-school activity (intramurals, team sports <u>or</u> clubs) throughout the year must have a parent complete and sign **Intramural Permission Form**, **Student and Parent Concussion Informed Consent Form and Sudden Cardiac Arrest Form.** All forms are done electronically ONLINE. Information can be found on the main page of the RLMS website.

### http://forms.fairfieldschools.org/athletics/

- Intramural Sports Registration Select the option "Add a New Student Athlete". Please note that the option you want to choose is RLMS INTRAMURAL SPORTS, even if your child is participating in sports like basketball, cross-country, cheerleading, golf, track, volleyball and yoga.
- The RLMS INTRAMURAL SPORTS registration will cover your child in ALL intramural activities or sports for the entire school year.

## Question 3 – How does my child get home?

Parents can always pick up their child from RLMS after activities. A late bus will begin running on Monday, September 17<sup>th</sup>.

A special "late bus" runs at 4:00 p.m. Mondays and Thursdays for students who stay after school for extra help or after school activities. The late bus does not run on Tuesdays, Wednesdays or Fridays. To ride the late bus students must be regular bus riders. There are three late buses. Students should take the late bus that has a stop nearest their regular bus stop. Students must ask to be let off at the stop nearest their home. The late bus route schedule was sent electronically and will also be posted in the office. Parents: Please review the late bus route with your child to identify the stop that is closest to your home.

All information regarding clubs and intramurals is available on the RLMS webpage. Do not hesitate to contact your child's crew liaison, teacher, school counselor, or myself if you have any questions or need any additional support throughout the year.

GO BULLDOGS!!

Megan Til