

GET READY TO HAVE FUN AND HELP SAVE LIVES!

Event Date: _____

Return Envelopes by: _____



**Jump on
board
For the
35TH
Anniversary
of
Jump
Rope For
Heart**

Check the
donation
envelope to see
how your child
can receive
"Quacky" the
duck!!

Dear Parent/Guardian,

Our school is thrilled to be supporting the American Heart Association, through their *Jump Rope For Heart* program. This program teaches our students, and their families, how to take care of their hearts and how to make a difference.

When your child participates in Jump Rope For Heart he/she:

- ♥ **Learns about the importance of the heart – how it works, and how to take care of it:** Through classroom exercises and educational information provided by the American Heart Association.
- ♥ **Helps kids with special hearts:** Our *safe* online tool makes it *easy* for your child to set-up a web page and send emails to invite friends and family to support their fundraising efforts and to share life-saving information.
- ♥ **Feels good for making a difference in people's lives!** Funds raised support American Heart Association research and education initiatives that *save lives in our community.*

Thank you for your support!

Physical Education Teacher

REGISTER ONLINE for Jump Rope For Heart today!

Here's how...

Step 1: Go to heart.org/jump click on Register Today

Step 2: Enter your School Name & State; click Submit to find your school's event. When you find your team, click the Join Team hyperlink.

Step 3: Create your own Username and Password security question. Click Continue.

Step 4: Fill out the registration form. Review the Online Waiver and Click the box to accept it, click Continue

Step 5: Click to enter your Headquarters and set up your web page.

Step 6: Once you have collected donations online print out the online sheet and place in your donation envelope.



With \$10 online donation, students get Ninja Duck.

****Don't forget****

Print your online coupon & bring in to get Ninja Duck &/ Mr. Cool Duck

Please make checks payable to American Heart Association.

For the safety of our children, we ask that your child **NOT** go door-to-door or ask strangers for donations.

Ask your company if they will match your donation!

<http://www.matchinggifts.com/aha>