## Update from the Health Office

As the cold and flu season continues, please reinforce the importance of good hygiene with your children. Hand washing is the most important factor in preventing the spread of cold and flu viruses. When your child is home ill, please call the attendance line and indicate what the illness is, i.e. strep throat, bronchitis, croup, pneumonia.

Remember that all medications administered at school, including over-the-counter medication such as Tylenol or Advil require a doctor's order and should be brought to the school nurse *by an adult*.

If your child is ill, has had surgery, or has an injury requiring a cast or splint, a note from your health care provider is required to excuse your child from P.E.

For your information, 6<sup>th</sup> grade vision screening has been completed and physician referrals have been mailed home. Scoliosis screening for all students is scheduled for March and hearing screening for 8<sup>th</sup> graders is scheduled for May.

Please note that 6<sup>th</sup> grade physical and immunization reports are due by June 1, 2015. These are required for entry into 7<sup>th</sup> grade.

If you have any questions regarding your child's health or need to update us on changes in your child's medical status, please contact the Nursing Office at the number below.

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