

# **State & WCC League Championship Meets**

Tomlinson Track & Field 2015

***\*Due date for State Champs = Wednesday 5/20\****

In order to participate in the state and league championship meets, you must meet the following requirements:

## **1. Qualifying Standards:**

- Standards for the state championships are on the next/back page
- Standards for the league championships are not available yet - they are set based on results compiled from all league meets each season and are more competitive

## **2. Meet Dates:**

- State Championships - Saturday May 30th
  - Time = 10:00 am (arrival depends on the order of events)
  - Location = Manchester High School (roughly 70 minute drive from TMS)
- League Championships - Wednesday June 10th (rain date is Thursday June 11)
  - Time = 4:00 pm (arrive for 3:20-3:30)
  - Location = Fairfield Ludlowe High School

## **3. Entry Limits Per Team & Individual:**

- State Championships
  - top 3 athletes per team with qualifying standard
  - 2 events maximum per individual athlete
- League Championships
  - top 2 athletes per team with qualifying standard
  - 4 events maximum per individual athlete

## **4. Fees:**

- State Championships - \$10 per athlete (extra \$20 if you sign up past deadline)

## **5. How do I sign-up for the state meet?**

A. Make sure of the following:

- a. Qualifying standard(s) met - check results on team website + email
- b. Available on date of meet & can provide your own transportation

B. Email Coach Astle - [kastle@fairfieldschools.org](mailto:kastle@fairfieldschools.org) - to confirm which meets you would like to be considered for.

# CT State MS Track & Field Championship

## *2015 Event Standards*

55 meter hurdles- girls 13.00 boys 12.00

100 meters- girls 15.0 boys 14.0

200 meters- girls 32.00 boys 30.00

400 meters- girls 1:15 boys 1:09

800 meters- girls 3:00 boys 2:45

1600 meters- girls 6:35 boys 5:50

### **4 x 100 meters**

- no standard 1 team per school A division
- 1 team per club top 8 teams based on seed time

### **4 x 400 meters**

- no standard 1 team per school A division
- 1 team per school B division (no club participation)

### **4 x 800 meters**

- no standard 1 team per school A division
- 2 teams per school B division (no club participation)

Long Jump- girls 12 feet 0 inches boys 13 feet 6 inches

High Jump- girls 4 feet 0 inches boys 4 feet 6 inches

Discus- girls 55 feet boys 80 feet

Shot Put- girls 23 feet boys 26 feet (Release rule will be enforced)